

September 2016 Conscious Reflection (Bonus PDF and video with your paid subscription).

September has 8 Green Days!

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Reminders of the Planetary influences of August and September:

Jupiter just moved into Virgo on August 11, 2016 for the first time in 12 years yielding a new kind of Green Day available for an entire year. The constellations of Virgo and Pisces, and Capricorn and Taurus now are being blessed with the wisdom and light of Jupiter for an entire year.

So, if you have your Sun, Moon, or Ascendant in these signs you may be receiving some extra support this year.

Mercury with Jupiter in Virgo

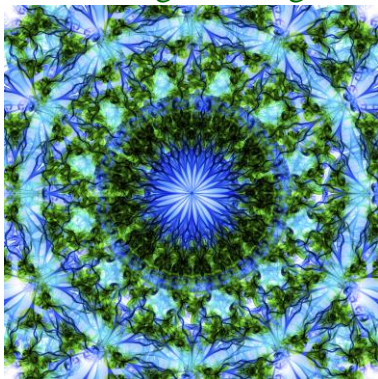
Mercury enters Virgo August 19 – August 30 before retrograding.

Mercury then Retrogrades in Virgo **August 30 – Sept 9** spinning to make re-connections for each of us and intensify the theme that began Aug 19 – Aug 30th with Mercury and Jupiter together.

We get to observe how this Mercury Retrograde theme plays out in our lives.

For each of us, this Mercury Retrograde will help us in one of four areas of life:

1. Our health and immune system, our nervous system and new ways of detoxifying our guts or minds
2. Watching our budgets or re-do taxes or forms and get refunds



3. Find new ways of connecting with friends or
4. Dive deep into baths of stimulus which help us let go or find moments of bliss. (that could be a Betar experience, bi-naural beat meditation, or one of the new meditation assistance headsets).

Mercury with Jupiter creates immense wealth opportunities for some of you. Make sure to read the other Mercury PDF available to you this month to access all the ways that Mercury can help you problem solve and help you with BIG ideas (Jupiter & Mercury together) and more.

On August 19th, right on the heels of the first shiny new Green Day, we have one of the most stupendous combinations of the year, not once but TWICE this year – that is Jupiter and Mercury together in Virgo! This brings immense spiritual teachings for some and incredible wealth producing opportunities for others.

It is life changing any which way you slice it.

Mercury moves back into Leo

September 9 – October 3 Mercury retrogrades back into Leo with the high stakes gambling Rahu – so watch the tendency to chance things or take risks during this time period. Remember, I spoke about GOOD times for wheeling and dealing, and this is not the time period to do it. The best time begins when Mercury is in or returns to Virgo again and joins its other superhero, Jupiter.

Mercury returns to Virgo for all of the wealth and health combinations I discuss in the newsletter from August, and the PDF found in your bonus area through September 9 and in October again.

Mercury goes direct in Leo September 22 – October 3. Mercury begins moving forward again and things will get a bit clearer, but be aware that Rahu and Mercury like to take risks with money that is not theirs...stay honest and ask someone to hold money for you if you tend to make bad investment decisions. October is a better time to look at investments or making big deals.

Mercury with Jupiter in Virgo again (this time without Venus)

October 3 – 21 The dynamic duo returns to expanding and rounding out what you might have started in the end of August – either wealth or replenishing health or learnings are the big themes of this immensely auspicious combination (see the PDF on Mercury in the bonus area). Remember, this usually only happens for three weeks once every twelve years – but this is the second time the combination occurs this year. So plan and use it well!

Mars and Saturn in Scorpio

Meanwhile, Mars will be continuing to agitate and help motivate while it is in its own sign Scorpio through September 18, 2016. The good news in September is that Mars and Saturn crossed in August so for those first three weeks of September, Mars just keeps moving further from its rough constellation partner which is a good thing. Mars and Saturn do not play well together and many of us have been experiencing a low grade anxiety along with obstacles which can tax on patience.

Things have been getting less and less irritating from that combo since the planets crossed on August 23rd – which coincided with the earthquake in Italy by the way.

Third and Fourth **Mega Red Days occur August 31 / September 1 and September 16 /17, 2016.**

Make sure to download your Mega Red Day Report from the Bonus area and get ready to shift patterns by learning to say no on eclipse days!

Third Mega Red Day of the year is an annular solar eclipse:

Solar eclipse occurs on August 31 or Sept 1st depending on where you are on the planet.

The solar eclipse arrives on the day of the **New Moon in Leo** which occurs shortly after the eclipse.

The Golden Rule is the theme of this **Leo New Moon**

Treat others as you would wish to be treated.

Do not treat others in the manner you do not want to be treated.

What you wish for others, you wish for yourself.

This tends to bring good old fashioned honesty and goodness to all of our interactions. Strive to be like this for the entire month, but the eclipse is asking us to build positivity in ourselves by wishing well for others!

The Nodes of the Moon and Rahu in particular have reverse energies – so to help you on your path in spirituality – you focus on wishing well for others and before you know it, you are experiencing happiness because you are wishing well for others and you discover how deeply satisfying that can be.

You see an eclipse in Leo with Rahu, Sun and Moon on this New Moon can bring up some self-pity or confusion as to how you are supposed to show up in the world– when you keep your focus on wishing well for others, it brings out the goodness in us all, and

brings out the best in the Leo-ness of us all.

Fourth and last Mega Red Day of 2016

September 16 / 17 is the Lunar Eclipse and Full Moon in Aquarius (according to the Vedic sky maps).

The **penumbral lunar eclipse** will be visible from Europe, parts of Asia, Australia, and eastern Africa.

Check here <http://www.timeanddate.com/eclipse/lunar/2016-september-16> to see when the eclipse occurs for your time zone and whether it is visible from your location.

This moon has a rambunctiousness to it and it is caught up in a lunar eclipse so prepare for a bit of wildness around this eclipse, the good news is, this is a well-meaning Moon whose mission is to uplift humankind. (The Moon in Aquarius is in a region of sky called Purva Bhadrapada.)

This moon has spiritual depth and deep intuition, and thus when aligned with the deeply spiritual Ketu for this eclipse in Aquarius brings out a yearning in us all to help the world be a better place through some great ideal.

Look for where you are being inspired at this time and notice it is a theme that draws you to help your fellow humans or animals or water or draws you to help in some way that can help others in the future and it feels like a good and right thing to do – it will tug at you to speak up or to act to make a difference about something with which you feel strongly.

Let this give you a spark to move outside yourself and contribute to society and the world with this new found purpose.

Martin Luther King and Ramakrishna were born with this Moon.

September Highlights – a Quick look at trends for the month

8 Green Days in one month is one of the most Green month we have had in a year, even with the eclipses.

This is because of Jupiter in Virgo now, and most importantly because Jupiter is no longer with Rahu or the eclipse patterns. This pattern for the previous year (July 2014 – Aug 2015) gave us two less constellations per month to access Green Days – and that has made the past year a bit rough along with Mars and Saturn in the same constellation – which also changes in September! So, some big heaviness is lifting

for the first time in a year. Phew!

Sept 1 Solar Eclipse and New Moon in Leo – Mega Red Day

“The **annular solar eclipse** will be visible from Madagascar and locations in Central Africa. The Moon's shadow will also cross parts of the Atlantic and Indian Oceans. For most viewers in Africa, the eclipse will be a partial solar eclipse.

The eclipse will begin at 06:13 UTC on September 1, 2016. The maximum point will take place at 09:01 UTC, and the annularity will last for 3 minutes and 6 seconds.”

<http://www.timeanddate.com/eclipse/solar/2016-september-1>

Sept 3 & 4 mild Green Days the Moon is a fourth reflector of light – Mercury, Jupiter, Moon and Venus are ALL in Virgo quadrupling the Grace and hope we can all access for two days in a row. These are only mild Green Days because full Green Days happen with more light of the Moon, usually. This is too good to not mention!

Reach out to friends, write, create, bask in something artistic or do something with friends or family or just have fun on these two days. Just incredible, just don't over do it or stay up too late.

Sept 3 is a Type I – Light and Swift and the most auspicious kind of Green day.

Sept 4 is a Type II – Soft and Tender for social and dating energies.

Just remember these are mild Green Days and do not have enough energy to go all out. Use the days for one major focus and you will be good.

Sept 9 new kind of Yellow Day – Mercury moves from Virgo and retrogrades back into Leo today.

Remember August 30 – Sept 9 is the special zone that Mercury is retrograding with Jupiter in Virgo in a wealth, health combo and is asking you to improve some system, tech upgrade, or communication which will make a BIG difference in your life come October.

Sept 12 & 13 mild Green Days The Moon is in Capricorn and is either establishing solid foundations on Sept 12 or opening you to listen to your intuition on September 13. These three Green Days combined are going to help many of us establish healthy new routines just in time for the eclipse – You CAN keep the routines, I know you can.

Sept 12 is Type III foundational day and Sept 13 is a Type IV moveable and make changes kind of day.

Sept 14 full Green Day The Moon makes this a Type IV moveable and make changes kind of day- but finally has enough light to really take you a long way. This is the day to prepare for the eclipse – get all your food shopping finished, the house clean, your

routines set. And maybe dance a little in your kitchen or living room - it is day that has rhythm, or even try juggling, (starting with silk scarves works great!)

Sept 15 Yellow Day Moon in Aquarius aligned with the spiritual and sometimes tech destabilizing Ketu. Try to get your meditation, yoga, qi gong or calming practices in today, and eat grounding foods to prepare for the eclipse the next day. This is why I suggested getting your shopping finished back on the other Green Days because Yellow Days inevitably have distractions that often take normal errands much longer. Plus, the drama connected to the eclipse is already beginning – why egg it on? Get those errands finished, so you can try to just ‘have a day’ today.

Sept 16 Full Moon in Aquarius - Mega Red Day

Eclipse begins on Sept 16 at 16:54 UTC or 12:54 pm EDT, 9:54 am PDT

Greatest Eclipse is at 18:54 UTC or 2:54 pm EDT, 11:54 am PDT

Eclipse ends at 20:53 UTC or 4:53 pm EDT, 1:53 pm PDT

for some of you in the southern hemisphere, these eclipse times will land on Sept 17.

Note that right before the eclipse the Moon moves from Aquarius and into Pisces the rays of support on Sept 17 for those where the eclipse landed on Sept 16.

Sept 17 full Green Day - Moves into a Green Day after the eclipse – this is really rare to have a Green Day after an eclipse...the moon is in Pisces opposite Venus, and Jupiter (I mention all three planets in the video – that was incorrect, only Venus and Jupiter and the Sun are in Virgo – pretty beautiful). Notice too that it is a Type IV Green Day, foundational energy. So, things do not move quickly, but what you choose to establish on these days (after the eclipse of course) can create solid changes in your life.

Sept 18 Venus moves into Libra. No longer with its superhero buddies in Virgo, but it just so happens that Venus gains strength for diplomacy and eloquence and bringing people together and our ability to FEEL connected more once it moves into Libra.

Sept 18 & 19 full Green Days Woo hoo! Two Type I Green Days.

Sept 18 is in Revati still in Pisces. The Light and Swift energy guides us spiritually to complete something, choose well.

Sept 19 is in Ashwini – Another Light and Swift day where the Moon is NOW opposite a newly moved Venus in Libra, a very happy place for Venus. And when Venus and the Moon are opposite each other kindness and diplomacy and artistic talents can flow.

Sept 22 Mercury goes direct in Leo and begins moving forward. The last phase of Mercury Retrograde begins to bring answers to you.

Sept 23 Yellow Day A different kind of **Yellow Day** because the Moon is in a place of battle opposite a VERY strong Mars that just moved into Sagittarius. So, now a planet of fire is in a sign of fire and this can really encourage the Moon on this particular day (one day out of this month), to tend to be argumentative or want to go toe to toe on issues.

Heads up! Don't do it.

Exercise instead! Or walk away and take some deep breaths.

Sept 27, 28 & 29 Yellow Day Classic **Yellow Days** return now that Jupiter is no longer in Leo. The Moon is in Leo these 2.5 days and is with Rahu and Mercury where temptations to spend money you do not have or to take risks might be a theme. Even though Mercury is now direct, these kind of Yellow Days might have technology issues or distractions of some kind.

Plan accordingly or set your mind to not be thrown off by the distractions.

Sept 30 regular Red Day – Lowest energy of the lunar cycle It is the day before the New Moon, and so is the day to nourish yourself, and practice gentleness as well as exercise not as vigorously until the New Moon has begun.

For such an event filled month, we have some beautiful Green Days and for the first 9 days of September Mercury, Jupiter and Venus working magic some where in your life. Make sure to remember that the solar eclipse on Aug 31/ Sept 1 did put a little blip into the magic zone from Aug 30 – Sept 9th...with that in mind, you can gain steam again beginning the afternoon of Sept 1 and watch out world!

I can't wait to hear from you what has asked to be improved in your life the first 9 days of September. Make sure to roll up your sleeves and do the work, you are going to really see the fruits of that labor in October. And you will start to be able to 'feel the love' and connections in your life more too, when Venus moves into Libra on September 18.

Yes, Venus was a superhero with Mercury and Jupiter, but Venus in Libra by itself is a formidable ambassador for your goodwill when it is in Libra.

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