

December 2016 Vedic Astrology Conscious Reflections

We have quite an active month to help us finish 2016!

December brings two meteor showers upon us, Super Moon, Solstice, and a Mercury Retrograde of 8 Green Days, not to mention a powerful for one third of the month while Venus moves grounding Earth sign early in the month.



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are a few of the months' events:

- **Mars** is exalted or in one of its most powerful places in its two year orbit through December 10th.
- Sun is in Scorpio (according to the Vedic maps) through Dec 15 /16.
- Sun is in Sagittarius Dec 15 & 16 – January 13 & 14, 2017.
- **Venus** begins in fiery Sagittarius and on Dec 3rd moves into a manifesting place of Capricorn.
- **Full Moon in Taurus on Dec. 13 & 14** for grounding your holiday wishes.
- **Mercury Retrogrades in Sagittarius Monday Dec 19 – Sunday Jan 8, 2017.**
- **December Solstice TURNS THE YEAR around.** The days get longer after Dec 21 & 22 in the northern hemisphere, and for the southern hemisphere, summer has just peaked with the longest day of light passing.
- The year ends on a quieter note with the **New Moon in Sagittarius on Dec 28** – in a place that connects with the center of the Galaxy!

December begins with Mars still in the powerful place of **Capricorn** (once every two years Mars comes to this constellation).

This Mars is about GTD = Getting Things Done and efficiency through December 10. Mars moves on December 11 into a more complicated place.

Have you noticed how you might be either **edgy** about **waiting** in lines, or if something becomes a *process* you lose patience, or that you want to **'tighten things up' in your schedule, life, work or routines** or those around you just want to have attention on them "right now"?

That is Mars speaking through you! So, use the positive aspects of this leadership prone planet to improve your personal health routine, edit out fluff or time-wasting activities at work, get right to what you want to say in conversations with friends and family, but watch for impatience.

The down side of this intense Mars can be more than a tendency to anger - we can move too quickly or be impulsive in projects that really need to take time or have emotional information factored into it.

For instance, this Mars could really help someone who is in the middle of a home or room remodel or garden remodel, but **if you do not have a plan**, then the fast-paced focus of GTD might cause you to miss something major.



If you have a plan and are GTD, right on! You will be highly successful during these 5 weeks that end on December 11th, 2016 if you have a plan. (This is because Saturn is sending possible delay-like energy to that Mars, AND is exchanged with it, a unique power only found in Vedic Astrology, which gives great ability to plan AND execute projects.) So, hop to it.

There is one more time when Mars will be powerful again, but will be less grounded and pragmatic in March 2016. So, tie up those loose ends, and roll up your sleeves to use the power of Mars before Mercury goes retrograde and the holidays are upon us.

Last month I mentioned that Mars can be used to:

"...harness and own your innate leadership abilities and practice clear boundaries. Mars is the planet of Leadership, of fantastic strength and ability to command oneself and as a result people with a strong Mars in certain houses of his/her personal birth chart often command or manage others, like what we see in executives' charts.

Mars in the Vedic System is called "Exalted" when it is in Capricorn and when this happens, then it helps each of us to harness energy, focus, determination, our personal leadership style and power in ways that are unique to each of us.

Mars passes once every two years through this constellation and is considered to be at an apex of expressing its magical physical powers when it is in Capricorn.

Thank goodness that NOW, Mars is two signs away from Saturn and a special 'exchange' of energy occurs where discipline and order become accessible when before weaker minds crumbled under the pressure and lashed out at strangers with attacks or self-harm. Add to that a Jupiter shining wisdom on that Mars in Capricorn, we have a triply good reason that reason and self-control will prevail during these 5 weeks."

See the November Conscious Reflections PDF for much more information on this Mars.

Venus in Capricorn Dec 3 – Dec 28

When **Venus**, which is a 'friend of Saturn and Mercury' moves into this Earth sign, then beauty and pragmatism marry in our lives. Look to have almost 4 weeks of taking artistry and refinement and help make it bold and appeal to the masses. This would be like making a line of clothing for H & M stores out of silk/linen fabric (refined fabric for the masses).



Get ready to be inspired and innovative, to connect the dots by combining two different worlds, and making a huge impact. We are talking here, this Venus can make a HUGE creative contribution during this time. Please grab creativity by the horns, go wild with something fun and inspiring, or allow innovative ideas to flow through you. This could do with house projects, with how you decide to celebrate the holidays (you might stand tradition on its ear, and make a family mural with butcher paper on the wall and let all generations draw during the big holiday dinner and take a picture to share with the family who could not

make it. Projects like this create new kinds of memories, and inspire the next generation to think outside the box, which is the only way to prepare for the jobs of the future. Creativity and Innovation and critical thinking are the main hallmarks of being ready for jobs/careers that do not yet exist.)

This pragmatic and 'wanting to go big or go home Venus' will inspire new life and work paths in many on the planet. Seize the opportunity.

(An example of someone who applied this BIG inspirational, yet commercial focused Venus might be like when a blockbuster film was first made from a graphic novel also called comic books. Now, the public craves the next superhero or graphic novel based block buster! This was game changing at some point.)

You will be creating new ways of working, celebrating or expressing yourself. Inspire others and BE INSPIRED!

You can expand your commercial acumen by taking a class in either business or in the arts – find a way that these two worlds can meet in your life or work.

Landscape design is another example of a Venus in Capricorn using plants and knowledge of the Earth to create beauty and outdoor 'rooms'.

How are you going to use the creative energy in December? Make your holiday gifts? Set aside time to teach the next generation a craft of some kind, like knitting, or wood working, but watch how this project becomes infused with innovation.

It might even turn into a little side company or cottage industry that inspires others, like the women who crochet plastic bags together to give homeless people mats to sleep on

the streets. Now that is true recycling with a real use.

Mercury Retrogrades in a Fire Sign in Sagittarius Dec 19 – Jan 8

Make sure to read your Mercury Balance PDF for tips on how to use any Mercury Retrograde.

In general, this Mercury retrograde is a fairly regular one compared to the last OFF the Charts retrograde in August/September of this year.

This retrograde completes the transition – now all Mercury retrogrades will occur in FIRE signs for the next 12 months.

Apply all the tips and tricks that is taught to you in the Mercury retrograde report.

Back up photos and files!

Look for sales on travel or entertainment!

Find new ways to communicate and improve your life by listening to others differently – you could learn a thing or two.

This retrograde is about alchemy and how you are transforming the simplest things in your everyday life into GOLDEN nuggets of long term health, vitality and peace.

Integrate stretching while you get water from the fridge, or add a quick way to do some deep breathing at regular intervals in your day, for instance, taking 3 deep breaths every time you get into your car before making any actions, or after you return to your desk at work.

The smallest changes can bring about some long term results.

There might be some new inventions or patents related to being able to extract Gold or RECYCLE metals in new ways, which could make a difference in how we are currently polluting the earth to make our computers and phones, and the mercury that is left behind in the Amazon in the gold mining process.

Dec 13/14, 2016 4:05 pm PT Super Full Moon in Taurus

The moon turns full on **December 14 at 0:05 UTC (or at US time zones: on **December 13** at 7:05 p.m. EST, 6:05 p.m. CST, 5:05 p.m. MST and 4:05 p.m.)**.

One time a month the Moon becomes what we call 'exalted' in Indian Astrology.

And this month the Moon is full very close to where it is exalted!

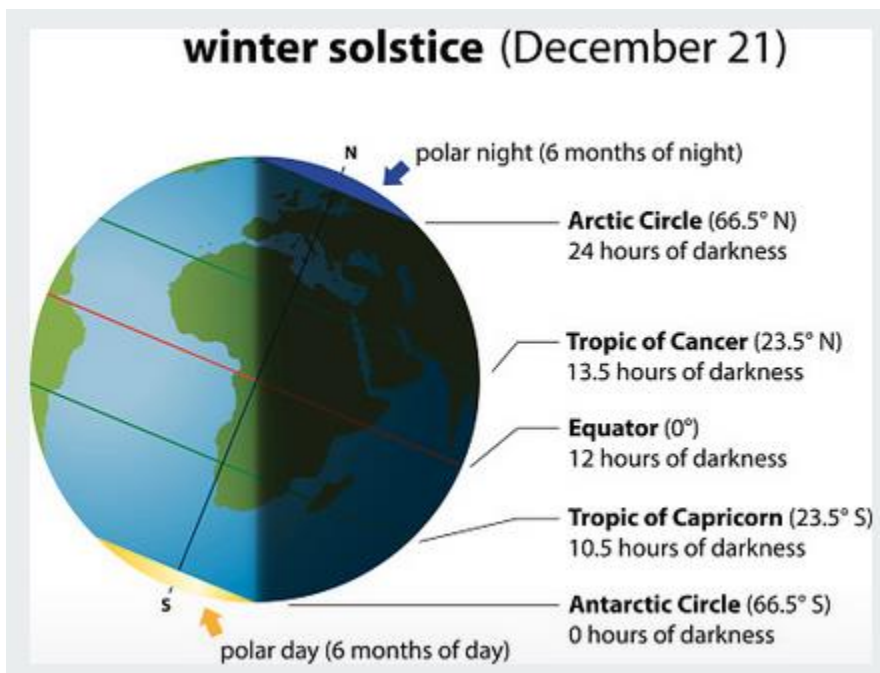
As a result, this is the time of deep, shining reflection of your ever present wisdom – and most importantly you can discover ways to lead yourself to peace and happiness in

concrete ways, not just ideas of it.

And this moon arrives each year as the sun is actually waning in strength of rays and brightness in the northern hemisphere.

In the southern hemisphere, this is an extremely full time.

But because Saturn is involved (it is opposite the full moon in Scorpio) there will be some delay or obstacle to overcome – which ultimately strengthens your spirit, improves your product or health if you listen and understand how discipline or giving something up strengthens you in the end. Often the giving up is related to incorrect or inflated expectations.



December 21/22 December Solstice TURNS THE YEAR around.

The days get longer after Dec 21/22 in the northern hemisphere, and for the southern hemisphere, summer has just peaked with the longest day of light passing.

As I explained in the Conscious Reflections video, with the full moon now waning or reflecting less and less light toward the new moon, we will go into more of a lull after Dec 19th despite gaining more daylight each day after Dec 21/22.

We will all be wanting to feel the energy of building Sun, but the reality is that the "holiday" and celebration energy will be stronger mid-month around that full moon.

That's O.K.

Use the turn-around of solstice to kindle the light inside of you, especially since Venus is kindling creativity and innovation in incredible new ways through Dec 28.

Do not let the fact that the energy is not bouncy around Christmas throw you off at all. It is *juuuuust right*, and your healing and harmony can be found by continuing to take things slow in the second half of December.

Dec 28 New Moon in Sagittarius

This New Moon aligns with the constellation which is connected with the center of the Galaxy – but the moon mansion or section of Sagittarius where the moon becomes new is in a **place of building eventual wealth**.

The moon is new in a place called Purva Ashada which is often associated with **fame**, having the person’s name fanned around (if they are born with the Moon in this place), or of **the rains of fertile growth**.



This new moon is akin to the crystal ‘seeds’ that you get in a child’s science kit, where you simply need to add water or change the pH and then you watch the crystals magically grow before your eyes!

This new moon is like the crystal seeds which will take off once in the right medium...you just need to set things up right, and fuel your inspiration, and things can take off in January.

December 28 – December 31 Just a quick note about the end of the year energy.

Since Mercury is retrograde in the same sign as this new moon, things will be a little discombobulated for the New Year itself, with Dec 31st having a bit of Grace to it because it is a mild Green Day! But it is still Mercury retrograde, so make sure you communicate clearly about the timing and locations of any celebrations or parties for New Year, or there could be lost friends when the clock strikes midnight, but since it is a mild Green day, it will probably still be fun for all, even if your friends never find you.

My honest opinion, is that a group retreat that includes periods of silence would be a great way to use this energy on December 31st. Or, going to a prayer gathering or an event that focuses on Peace is a great way to bring in the New Year with the forces at play the end of December.

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**December Monthly Highlights**

**Thursday, Dec 1**

Thursday Dec 1, 2016 Today's Moon is aligned with the center of the Galaxy. ~

Today the Moon has two lunar days of light, and is in the first few degrees of Sagittarius - directly in between the Sun of our solar system and the center of the Galaxy!

In Vedic Astrology, this region of sky is called Mula, or "the root", since it is connected with the root of cosmic forces and energy and radiation coming from the center of our galaxy.

So, on that same theme of the center of our Galaxy - here are some fun facts about the Earth's speed and how fast our solar system is traveling in the Universe.

QUESTION: How long does it take the sun to orbit Milky Way's center?

ANSWER: About 225 - 250 million years.

Learn about the Cosmic Year and how long it takes our solar system, and our Sun to orbit or revolve around the center of our Galaxy, the Milky Way.

<http://earthsky.org/astromy-essentials/milky-way-rotation>

### **Friday Dec 2**

Friday Dec 2, 2016 ~ The Moon is between Venus and Mercury in Sagittarius!

Oh glorious nights of that bright shining Venus after sunset. Have you seen her? That big ball of light after sunset?

Well, you can find Venus and the three lunar day old Moon in Sagittarius tonight.

**Saturday Dec 3 mild Green Day** Type III (Fixed energy to establish foundations) Venus enters Capricorn \* see description of Venus in Capricorn at beginning of the PDF.

These kind of Green Days can feel slow or stagnate if you are not using them to create something long term. Contracts signed on this kind of day, can be hard to undo, foundations poured on this kind of day, outlast all the other houses or buildings around it.

Use this day to start or stage something significant in your life, even if it is just taking time to write out your dream job or what you want your living legacy to be.

Since we have the gorgeous Venus, Mercury and Moon all not far from each other around sunset, this day is for thinking about what you want to live beyond you. What do you want to endure? That could be principles to live on in family members, memories of your ancestors, how to do something you have perfected, or how you share your love, be it through cooking, hugs or song.

It is a powerful day, how will you use it?

**Sunday Dec 4 full Green Day** Type IV (Moveable energy, good for changes of any kind)

Things get rolling on this day with Mercury, Moon and Mars all within Jupiter's guiding glance (which was on the Moon yesterday too).

This moving and shaking day asks you to change a routine, or a food item in your diet for

better health and a more optimized nervous system. The planets are pointing to you either needing something to protect your neurons (healthy fats) or elimination of a food item to detoxify your skin, lungs and brain.

Think clearer! Change your brain, change your weight, change your life, and become calmer.

Shravana is the name of the lunar mansion of today. It helps you hear the messages the Universe has for you – and access to ancient knowledge.

**Tuesday Dec 6 Yellow Day** The Moon is with Ketu in Aquarius for the next two days which can bring everything from spiritual gifts, to technology glitches to new ideas which are a bit ungrounding.

So eat root vegetables for the next two days after or with your salads to help offset this Vata or airy tendency we all will have.

This is the 7<sup>th</sup> day of lunar light of a waxing Moon, and this Moon is connected with a healing abilities and with the 7<sup>th</sup> chakra of the thousand-petaled lotus of your being!

**Wednesday Dec 7 Yellow Day** Get ready for a wild Yellow Day!

Today's Moon mansion is connected with a wildness which can be a bit impulsive but is also spot on in giving you a strong intuition about something.

So, if you can, listen to the information but try not to act on it until the next day. And by all means, keep your mouth shut unless you have something positive to say, or something that is truly necessary for the highest good.

This might be the kind of day someone gets the riot act given to them out of love, if they have not been on track in their life.

A drama day, with a well-meaning wild moon could make for an incredible meal, or an adventure on your daily walk.

Allow your uniqueness to show today – express yourself in how you dress or how you cook your dinner!

This is the 8<sup>th</sup> day of lunar light that now has enough light for a full Green Day, when the right influences come together.

Next Green Day is around the corner on Friday!

**Friday Dec 9 full Green Day** Type II (Mild and Soft Moon day or the 'great date' or social event day)

A date night moon on a Friday will give this moon which is basking in the direct glow of Jupiter, has the theme of being ushered across the waters of suffering. Attending a music event, like the symphony or whatever music helps you float in bliss or give you a reprieve



from your troubles is aligned action for this day.

**Sunday Dec 11 – Jan 19 Mars** moves into Aquarius with the eclipse patterns. This creates instability in the U.S. markets for a little over 5 weeks.

This can also create some misdirected anger – so make sure you get your exercise, meditation or breathing exercises you need from Dec 11 – Jan 19<sup>th</sup> relating to this Mars in an AIR constellation WITH the eclipses, oh my!

**Tuesday Dec 13/ Wednesday Dec 14** Geminids Meteors

The shooting stars of the Geminids will peak between the evening of December 13 and early morning hours of December 14, 2016.

**Tuesday Dec 13/ Wednesday Dec 14** ~ Full Moon in Taurus ~

December's full moon is a Supermoon. A Supermoon looks around 12 to 14% larger than its counterpart, the Micromoon.

See description in the video and at beginning of the PDF to learn more about helping bring about true change in your life, not just hope for it.

**Thursday Dec 15 full Green Day** Type IV (Moveable energy, good for changes of any kind)

The Moon is in Gemini opposite Mercury, so there is a special connection with learning today.

Just be careful, to not be gullible, keep an eye out.

The lunar mansion of today is Punarvasu, which makes today a great day to learn something new or about ancient cultures and spiritual practices.

I “just happen” to be meeting with someone (Darius with New Wealth Revolution, who just interviewed Gregg Bradden in November) for a live interview on this day. May you be blessed with new knowledge and realizations.

**Friday Dec 16 full Green Day** Type I (Light and Swift) Classic Green day for new beginnings and moving things along with Grace. See your Green Day training)

The Moon is in the Moon’s sign of Cancer, which is a water sign, watering prosperity!

The Moon is opposite a highly inspired Venus, which is able to help you *hear* and express your creativity. Have fun and be creative today, or do something that makes you glow or feel beautiful or buy a gift that is made of extremely fine material.

**Dec 18 Yellow Day** The Moon is now with the complicating forces of Rahu for 2.5 days in

Leo, and Mars is now in the mix.

With Mars opposite the Moon and the eclipse patterns, really tread lightly in any conflict which could escalate simply out of confusion.

Keep things simple and just step away from anything in these three days where it seems like you could be misunderstood.

Today connects us with our ancestors, see how you can cherish your great grandparents or grand parents' talents or what they passed on to you.

### **Dec 19 Yellow Day**

**Monday Dec 19** Mercury begins retrograding in Sagittarius today.

See the video and earlier in the PDF for more information on how to use this. In the video I mention that one of four phases is activated for each of us in mercury retrograde – health, budget, pleasure or freedom. Only one of those major themes will light up for each of us during 2017 for Mercury retrogrades.

### **Dec 20 Yellow Day**

**Last Yellow Day of the month and year!**

This day may have some confusion to it, but it has much more stuck or staid energy to it. So, it might be a wild kind of day which also has miscommunications from what was NOT said.

A big silent type of person might neglect to tell you something you need to know, for instance, like a workman.

Make sure to ask questions!

**Wednesday Dec 21 mild Green Day** Type I (Light and Swift) Classic Green day for new beginnings and moving things along with Grace. See your Green Day training)

It's a classic Green day with the Moon in the same sign as Jupiter in Virgo. Make a new start on something for your health or your pocket book.

The moon mansion of today is called Hasta, and helps put the tools you need, analog or technology tools, and places it in your hands. So, look for some nice solutions to problems today, or getting the help you need.

**Thursday Dec 22 mild Green Day** Type II (Mild and Soft Moon day or the 'great date' or social event day)

This Moon-Jupiter day continues in Virgo, but this moon connects with architecture, vastu, feng shui and how it affects your health.

Do a scan through your house by walking from the front door to the back door of each

floor.

Any furniture that is in the way of your hips, knees or ankles or any place you have to divert your path...those places in the home and the furniture sticking out or impeding will eventually affect your physical health!

Make changes today so that you can easily walk through your home unimpeded. It will ripple to clearing obstacles in your life, and help your health.

**Wednesday Dec 21 / Thursday Dec 22 ~ SOLSTICE is a mild Green day! ~**

The December solstice is winter solstice and the shortest day of the year in the northern hemisphere. In the southern hemisphere, it is summer solstice and the longest day of the year.

**Thursday Dec 22 / Friday Dec 23** The last major meteor shower of the year, the Ursids, will peak on the night of December 22 and 23, 2016.

**Wednesday Dec 28 Red Day ~ NEW MOON in Sagittarius Wednesday Dec 28, 2016 ~**

The New Moon occurs Wednesday at 10:54 pm PT / 9:54 pm MT / 8:54 CT / 7:54 pm ET or 6:54 am UTC/ GMT on Thursday Dec 29<sup>th</sup>.

**Saturday Dec 31 mild Green Day** Type IV (Moveable energy, good for changes of any kind)

This is a mild Green day because there is not much light to the Moon, but the Moon is in an auspicious place where you can connect with new ways of learning to communicate and listen in new more productive ways.

This Shravana moon does not have Venus there any more, since Venus just moved into being with the eclipse patterns.

So despite it being a mild Green Day...keep in mind that Venus and Mars are caught up in some distracting energy, so romance might have some crossed wires.

What a great way to bring in the New Year with moveable and change making energy!

Goodbye 2016...



May you have health and harmony throughout 2017!



to a year filled with light and love,  
Kathleen

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