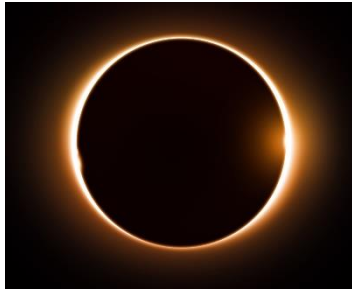


August 2017 Astro Forecast & August Calendar



The great solar eclipse of 2017 is here!

BIG NEWS: Get ready for TWO Eclipses in August 2017 plus Mercury retrogrades all in the same month!

Vedic Astrology does NOT recommend seeking out the eclipses.

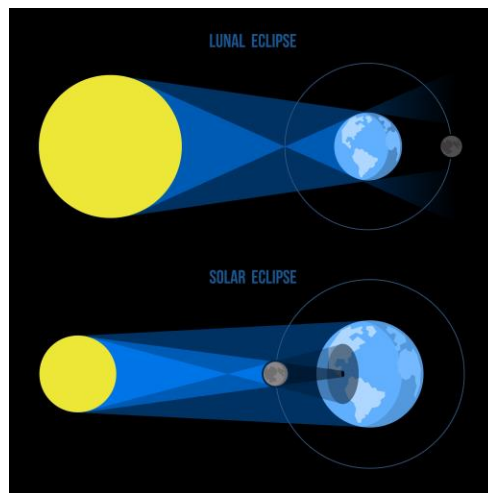
I know this news might be a bummer, since many in the United States are making plans to go see it. Read on to see why.

Mega Red Days are the Eclipse Days. There are 4 eclipses in 2017, and **two more eclipses in August for the rest of 2017.** Mega Red Days are not for setting intentions or acts of creation or building. They are great for deep spiritual practices or for REVERSING patterns or diminishing resistance to what we know is good for us.

Get ready to dive under the waves and avoid the churn the first week of August!

We start the month with a waxing moon - building in light toward the full Moon on Aug 7 along with a lunar eclipse! The Total Solar Eclipse is August 21.

The Lunar Eclipse is Aug 7 or 8 depending on where you live – scroll down to the Detailed August Update to see specific times. Check www.timeanddate.com to find exact times of the lunar and solar eclipse where you live. Your downloaded **calendar lists clearly the UTC, BST and EDT times of the New and Full Moons** – which does not overlap exactly with the actual eclipses. **See below for begin and end times of the eclipses.**



Full moon and 18 month eclipse theme continues through September 9, 2017:

In short, the energy of the lunar eclipse brings the fire of wanting deep spiritual freedom and not wanting objects, people or psychology to weigh the spirit down while at the same time longing to support everyone to have a chance to find spiritual freedom. This lights up democracy and civic action. You might feel called to support a cause which helps others rise up from their current position, to help souls in need. This is spot-on and a natural expression of what the eclipses have been lighting up in our psyche and minds for the last 19 months. While we might still struggle with the longing to be free of something ourselves, be it debt, obligations, lack of time, lack of focus or to be free of struggle or drama in general.

Embrace the desire, and take action to give relief to your soul in singing, meditation, art, gardening – whatever helps you find a place where you naturally lose time, this is called flow.

LUNAR ECLIPSE TIP:

We have some great opportunities this month to travel deeply into our spiritual depths. Try and keep your schedule as simple as possible this week or finish things up to have a quiet, healing weekend - despite the fact that your schedule might already feel overbooked or disjointed.

Finish errands and grocery shopping by Saturday Aug 5 if you can - that way you have Aug 6 if you need any last minute things to have a simple weekend on the lunar eclipse day.

Be prepared for fluctuating emotional states and taking **EXTRA good care of your health the entire first week through Friday August 11th** - when the energy begins to gather and more clarity can come.

You can clear things from home, body and mind, take a few extra minutes each day to have healthy vibrant food, meditate, sing, spend time in nature, use essential oils or whatever helps you clear or ground yourself through Friday August 11th (when I teach the [Altar Your Life Class!](#))

UNIVERSAL CONSCIOUS CALENDARS 2017

● NEW MOON AUG 21
6:30 PM UTC / 7:30 PM BST / 2:30 PM EDT

○ FULL MOON AUG 7
6:10 PM UTC / 7:10 PM BST / 2:10 PM EDT

▨ MERCURY RETROGRADES August 12 through Sept 5

AUGUST 2017						
SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

MEGA RED DAYS August 7/8 (partial lunar eclipse) and August 21 (total solar eclipse)

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Make sure to download your [Mega Red Day Report in your bonus area of Conscious Calendars](#). This teaches you how and why and most importantly WHAT to do on or around eclipses to literally change your life. And my advice is different than what most other astrologers say "out there". I DO NOT recommend trying to "set intentions" or begin some big, new thing on an eclipse. **Vedic Astrology does NOT recommend seeking to be under an eclipse!**

Life Forces Blocked: Remember, the life forces of the MOON and SUN are blocked – why in the world would we seek out a place where darkness or life force

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is blocked? Why would we want to start something new when the source of life in our solar system is blocked?

You CAN reverse patterns on eclipse days!

The good news is you can use the eclipses for something! These **ARE great times for eliminating or better yet REVERSING patterns**, especially patterns which you feel are not serving you!

So, please look ahead to August Conscious Calendar, make note of the eclipse days for your time zone and try and plan on having easy days on those days, and find time to meditate, especially during the eclipse and make habit reversals on that day!



The full moon and Lunar Eclipse is on August 7 or 8th. The new moon or TOTAL SOLAR ECLIPSE is on August 21st and passes OR SHADOWS ALL THE WAY ACROSS THE UNITED STATES! Plus Mercury will be retrograde during the solar eclipse.

There is talk of traffic jams occurring along the eclipse route across America.

INTOXICATING EXPERIENCE = ECLIPSES

Are you noticing the obsession the news is having with this event on the West coast of the U.S.? This is the very drama that tends to get stirred – keep an eye out for illnesses, drama and the tendency to jump at things. It is best to wait things out if you can around the eclipses and not to get into intense discussions, especially in tenuous friendships or intense romantic situations.

Suffice it to say, I do NOT recommend going out or seeking the eclipses (and the Vedic or ancient wisdom point of view says do NOT look at the eclipses!) Even though I know it is intoxicating to watch an eclipse...it is said to quicken negative karma or difficulty to those who are physically under the eclipses. So, yes, those who live in the path of eclipses are karmically linked. We all are linked in many ways, by living on the planet at the same time, or in the same nation, or the same

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city, or the same community or the same family. Some of these we choose, and some of these we are born into. So it goes with karma. We have free will in each moment, in the context of the current circumstance. And our current circumstances exist from a gazillion number of influences, some of which are related to our previous choices in life.

I know it might sound like I am raining on your parade to say “don’t seek out the eclipses”, especially since there is SO much media out there about the eclipses this year in the United States. (There is even talk of the large lava cauldron that is deep under Yellowstone “popping” because of the solar eclipse. Even if that were true, Yellowstone’s lava cauldron will not likely erupt ON the day of the eclipse. These influences take time to ripen and the ‘eruption’ of karma usually takes place when the Moon and Mars and Ketu/Rahu trigger them.)

You will be aware of those Mars, Moon trigger days because you have the Conscious Calendars! I will keep you posted!

I am here to be your spiritual guide and advocate. Trust me, the eclipses will bring plenty of drama for those of you who have planets in Aquarius and Leo – the eclipse patterns in Aquarius and Leo brought Trump as president of the U.S. after all. So, why do we want to STIR more drama in our lives – which is what will happen if you seek out and drive to the eclipses?

Look at your Mega Red Day Report and learn how to make the most of the eclipses while not seeking them out, however tempting it may be.

I have been under a total solar eclipse and they are very cool incidents. Especially, if you are standing under a tree with many leaves and there is a wind – you can **look on the ground** and see literally **hundreds of small eclipses** shining through the small holes in the leaves. It is mind blowingly cool! And if you do not live where the solar eclipse is landing, life will be exciting enough.

So, please seriously consider, for your karmic sake, not driving to the total solar eclipse on Aug 21st – there will be traffic jams, and mayhem, and surely many stories of drama.

Detailed August 2017 update

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August 1, 2 & 3 Saturn is with the Moon on these days. Simply means there are obstacles or extra work in the day. (Purple days are a new experiment on the calendar – I have been sharing about purple days for the past two years when I have shared that Saturn is with the Moon.)

August 4 Neutral Day

August 5 & 6 Mild Green Days (there technically is no Type of Green Day for Mild Green Days) Normally the day before and after an eclipse is not used for public activities, but these two days are connected with the sweeter things in life – so they will have expansion, some frenetic energy to them, and a little surprise all in one.

Sat August 5 - Moon is in Sagittarius opposite Venus (in an intense place in Gemini which longs for partnership), so watch your longings on this day, while looking for where you can expand into the edges of what you see, think and feel is abundance. This Moon is connected with fame, wealth and the energy of invigoration like when a cool, balanced rain comes after a time of heat and drought. This is an inspiring Moon that can connect us each with a higher aspiration for our or someone we care about's life.

Sunday August 6 – Moon is in Capricorn in a fixed place with some support from wise Jupiter, so this Green day is mild because it will have elements of helping us establish something important in our day, month and life, but will not have full Green Day kismet and luck feeling to it. Trust that just the beginning is being revealed, and then let it go, since the Lunar Eclipse is up next. The insights will return to you, and you can keep building the healthy ground on the other Green Days in August and in September.

It takes time to build something that lasts. Trust in the process and simply do one day's work and then rest on the eclipse days.

○ **MEGA RED DAYS August 7 & 8**

Partial Lunar Eclipse - Full Moon in Capricorn

August 7, 2017

Partial Lunar Eclipse takes place around a full moon, and depending on where you live, will have the eclipse occur on Aug 7 or 8. See times below.

Lunar Eclipse is visible and shadows Australasia, Asia, Africa, Europe, and extreme eastern South America and lasts 5 hours from beginning to end.

It is not visible in North America, or Canada.

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Use Time and Date to find the exact times of eclipse for your location.

<http://www.timeanddate.com/eclipse/lunar/2017-august-7>

**Eclipse begins August 7 at 15:45 UTC (or 3:45 pm UTC) / 4:45 pm BST
London / 11:45 am EDT / 8:45 am PDT**

**Eclipse ends August 7 at 20:54 UTC (or 8:54 pm UTC) / 9:54 pm BST
London / 4:54 pm EDT / 1:54 pm PDT / Tuesday Aug 8 6:55 am AEST /
4:55 am Singapore SGT**

(Advanced Vedic Astrology – the Moon will be in Shravana at the time of the eclipse)

Full moon and 18 month eclipse theme continues through September 9, 2017:

In short, the energy of the lunar eclipse brings the fire of wanting deep spiritual freedom and not wanting objects, people or psychology to weigh the spirit down while at the same time longing to support everyone to have a chance to find spiritual freedom. This lights up democracy and civic action. You might feel called to support a cause which helps others rise up from their current position, to help souls in need. This is spot-on and a natural expression of what the eclipses have been lighting up in our psyche and minds for the last 19 months. While we might still struggle with the longing to be free of something ourselves, be it debt, obligations, lack of time, lack of focus or to be free of struggle or drama in general.

Embrace the desire, and take action to give relief to your soul in singing, meditation, art, gardening – whatever helps you find a place where you naturally lose time, this is called flow.

The eclipse pattern is called Ketu and it is in the revolutionary constellation of Aquarius that longs to break free of restrictions, and Ketu is like fire in an air constellation. So, it can get ungrounded and scattered like a spark that spreads a wild fire quickly.

The irony is that it takes discipline sometimes to find true freedom – financial, emotional or spiritual freedom.

August 9 & 10 Yellow Days Moon moves into Aquarius with the eclipse patterns. Expect reverberations of either distractions or drama attempting to be stirred around you. Stay strong and as focused as you can, and ride through the Yellow Days.

Read all parking and traffic signs, misunderstandings can cause expenses or loss.

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Aug 11 Green Day – Foundational Day, often called a fixed energy day. It is good for building solid, lasting organizations, projects, and relationships of all kinds. What do you want to see grow for the rest of the year? Take concrete, simple steps towards that today.

I am teaching a visioning class today, to help do just that!

Also called a Type III Green Day.

***Mercury Retrogrades August 12, 2017 – Sept 5, 2017**

Mercury retrogrades in Leo which will add more fuel to miscommunications with the president of the U.S. and his brash relationship with the press.

THEME: This combination can also bring about huge changes in behind the scenes deals in business, banking, the black markets, and we will likely see some more hacking of bitcoin accounts during this time, or the creation of some dastardly computer virus or schemes. Rahu with Mercury can be very unstable, and focused on personal gain – so the hedge fund world, and those obsessed with money will be in full force, as well as money laundering schemes.

Your personal theme: See where you have been lying to yourself to make yourself look good.

Do you say that you do something, and then notice that you don't do it as often as you imply?

Where can you shine the light of LOVE on a part of yourself or your inner child, so that there is not as much a need to show off or bend the truth.

You have over three weeks to uncover this and help bring the light to a part of how you communicate. Speaking the truth about an inner need will be the eventual blessing which can bring intimacy in an important relationship by the end of this retrograde.

August 12 Green Day – Type II Green Day good for romance, and connecting with friends, listening or learning music, singing or other artistic experiences, like art openings or going to the theatre. It is also a good day for a relaxing and creative dinner with friends.

August 16, 17 Saturn and Moon Days

Expect delays or obstacles in your day which will teach you how to make something better. Or how is waiting for something a way to take in the joys and blessings in life?

Vedic Astrology teaching: The Moon is in Taurus opposite a retrograding Saturn (and the moon is called exalted in Vedic Astrology).

August 19 Mild Green Day ~ Mars Moon Day

Both a spiritual insight Moon day and a day that can help get things done, by seeing what you can edit or what you can let go.

Is there some task that you can hand to someone else and lighten your load? It is the easy way to do work! Ask for help and receive it.

The Moon is in its own sign, the water sign of Cancer and is in a special place called Pushya.

August 20 Mars and Moon Day ~ Today the Moon is in the constellation of Cancer with Mars, which gives some energy to getting things done. This Mars in Cancer in general can have us all lacking in full motivation, and on this day, we feel the smooth connection with our tasks, work and purpose and can experience a flow in work.

● Mega Red Day ~ August 21, 2017

*** TOTAL SOLAR ECLIPSE** (takes place on a new moon).

New moon in Leo with retrograde Mercury

This new Moon is connected with the dance of healthy need for attention and love as part of our spiritual path to just be. Leadership and healthy power are connected with the Sun in Leo, or at least the healthy power of knowing that every person is meant to shine in their own unique way. When the sun is eclipsed here, then we are all being given the opportunity to give something up which is actually in the way of letting the love in. Letting others love you whether you are entertaining, useful or doing something and receiving that love in balanced way, that gives as much light you receive.

What do you want to throw into the fires of the eclipse, that might be in your way of allowing spirit, Shakti, and vitality to flow through you? No need to direct the natural energy of who you are, there is nothing to do.

Being is enough, is the theme of this eclipse.

We might see less evolved souls still seeking attention through drama, desire, intimidation manipulation or projection in and around this eclipse.

PLEASE, PLEASE, PLEASE NEVER LOOK DIRECTLY AT the sun or A SOLAR ECLIPSE. BE SAFE!

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Here's how according to NASA: <http://eclipse2017.nasa.gov/safety>

Duration of Totality = 2 minutes 40 seconds

The entire Eclipse experience occurs for approximately 5 hours and 20 minutes.

Eclipse begins August 21 at 15:46 UTC / 11:46 am EDT / 8:46 am PDT

Eclipse ends August 21 at 21:04 UTC / 5:04 EDT / 2:04 pm PDT

August 22 & 23 Yellow Days

The Moon is in Leo with the eclipse patterns still caught up in the drama and challenges around the eclipse.

Stay as focused as you can, and be aware of others being hooked easily or of your own ability to possibly fly off the handle, either on a soap box or to speak about a topic that annoys you. Try and not let yourself go down that rabbit hole. Ask yourself if you have the solution to the thing you are complaining about, and if so, be in action, not talk about it.

Better yet, find compassion for those around you who might be thrown off their path and see how you can be of help, but get permission to help first! Or just send them love from your heart. That works wonders for all involved.

Normally Rahu here can help tug the best introverts or empaths into expressing themselves, but this close to the eclipses, it is better to let others take the lime light, while you gather your strength after the total solar eclipse.

August 24 Mild Green Day Finally, some Green energy for healing and support. The Moon is in Virgo with Jupiter here, and so the healing energy of herbs and of the earth can help us all decompress a bit.

Try grounding today – simply go outside and place your bare feet on the earth/grass for at least three minutes.

I find I go outside when I have been on the computer too much and just lay flat on my back on the grass and feel everything dissipate while my body, mind and soul become filled with rest and joy.

Today's energy is fixed, so do not expect big movement or things moving along effortlessly, like with the other types of Green Days.

Have realistic expectations: use today to SET some new positive healthy habit, since today is about establishing foundations.

How do you want to start each day or end each day before bed? Today is a great day to have one or both of those habits in place to support you.

August 25 Green Day An auspicious day with the Moon still in Virgo with Jupiter and the light force of Hasta – the energy which gives solutions and the tools to solve problems. This is a creative Moon day. Look for some new answer to a problem, or a nifty gadget, or tech solution to help you with your health routine.

Light, swift and moving energy. Despite Mercury being retrograde, this day is still auspicious and has lovely movement to it which will support just about any type of activity. (Type I Green Day)

August 25 Saturn goes direct

More celebration! Saturn finally goes direct on Aug 25th, and starts moving the very last phase of the Saturn return for those born with Saturn in Scorpio.

Saturn remains in Scorpio through October, but now the 2.5 year cycle is moving toward completion of its lessons for many.

August 26, 27 & 28 Mild Green Days

These three days the Moon is in the sign of Libra connecting with Venus, and still in the light of guiding Jupiter's orb.

These are somewhat simple days, meant for connecting with community or relationships or family in some way.

How do you build an extended family? By hanging out together.

Vedic Astrology teaching: Thankfully Venus in Cancer and Jupiter in Virgo are bringing subha or positive protective energy to the difficulties the eclipse was meant to help you discard – the positive energy surrounds Mars, retrograde Mercury, the Sun and Rahu in Leo. The Moon in Libra, Jupiter in Virgo and Venus in Cancer creates a cocoon of light around the intense sign of Leo for these three days.

Hope and love wins.

August 29 & 30 Purple Days – Saturn and Moon Days

The Moon is in Scorpio with a now direct Saturn, so things won't feel quite as blocked as they did in July and August on previous Saturn Moon days.

Still work and patience are a theme for these two days. Try and sing or whistle like

the dwarves in Snow White – “Hi Ho, it’s off to work we go” and have some fun with your work. Work and purpose go hand in hand after all. So many people want to understand their purpose in life, often believing that work will maybe not feel so difficult.

Remember, every time we give effort, we are burning karmas; and every time we give effort or ‘sweat’ and don’t complain or react against it, we are completing those karmas.

Celebrate – you have work, you are burning and meeting karmas! You’ll be whistling in no time.

Plus, you have gotten through the much talked about total solar eclipse by now.

Written and prepared by Kathleen M Whalen M.S. Acupuncture and Oriental medicine, Founder of Conscious Calendars