

Your November 2017 Conscious Calendars Astro Forecast

Theme of the Month: Harmony, health can be yours if you return to your daily habits, and let them heal you. Routine, eating in alignment with your body type, allowing rest which is also a form of clearing and detoxifying, and BASK in music, language or the arts this month! Divine knowledge and the arts are flowing strong this month.

UNIVERSAL CONSCIOUS CALENDARS 2017

● **NEW MOON NOV 18**
11:42 AM UTC & GMT / 6:42 AM EST

○ **FULL MOON NOV 4**
5:22 AM UTC & GMT / 1:22 AM EDT*
 (Daylight saving time changes in U.S.)

NOVEMBER 2017						
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2 ★	3	4 ○
5	6 <small>III</small>	7	8	9	10	11
12	13	14	15	16	17	18 ●
19	20	21	22	23	24	25
26 <small>IV</small>	27 <small>IV</small>	28	29	30		

Nov 2 Venus moves into Libra, it's own sign and creates a yoga for love, harmony, creativity and music – especially because Mercury also moves on Nov 2 into Scorpio completing this incredible yoga for music and creativity that can bring wealth and prosperity for some!

Nov 17 is a beautiful Red Day; it has qualities of a mild Green Day, but happens to be a quiet energy day.

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OVERVIEW: For three weeks in November, Venus will be in Libra with the justice giving and **visionary Jupiter**.



November 2 – November 26, 2017 Venus will be in Libra – it's own sign; which is like having a caring and listening Queen in the executive throne ruling from a Heart-mind that is connected with all of the kingdoms subjects. Libra is an air constellation. We are being asked to revitalize with PRANA and QI which is connected with the element of air.

HEALING EXERCISE: Try to wake before sunrise (easy to do in the northern hemisphere in winter) and simply sit quietly noticing your breath – allowing gentle mindfulness at sunrise brings about an incredible adjusting of your natural rhythms. No special breathing required.

Try taking a deep breath and holding your breath for 3 – 30 seconds at a time and then let go and allow your breath to equilibrate.

This is one of the easiest forms of pranayama. Any sitting and mindfulness first thing in the morning is health inducing – and any breathing exercises at dawn changes your internal chemistry, literally.

I will be teaching a course on the alchemical times of the day and how this connects with the planets, sun and moon next year.

Full Moon Nov 3 & 4: Harmony and Love in Action

Gathering in Love – a new theme with the full moon in Aries.

This full moon is about positive change – expect a little shake-up (because of the rambunctious nature of the lunar mansion the moon becomes full in) and at the same time expect to be gifted with a community or connect with caring people at the same time. Diplomacy and Harmony wins!

Light is shifting every cell of your being touched off by the full moon, and reverberates (vibrates) with possibility for the next THREE weeks.

Look to be in harmony for your personal healing to detoxify and calm the heat and inflammation in your nervous system, and to help clear and build compassion between groups of people.

You can use this next week (around the energy of the full moon) and the next THREE weeks using the energy of VENUS AND JUPITER TOGETHER in Libra which only happens once every TWELVE years, to volunteer, or to help bring goodness into the world.

We are all connected, we are connected and loved even when we don't feel like it (that is what previous three weeks of Venus in Virgo can bring up in some of us), and we can be in action for harmony and Peace!

Libra is the sign of harmony and Peace. The planets of light Jupiter and Venus are in the sign of diplomacy, and the planets of advocacy – Mars – is exchanged with Mercury bringing great language, and skill to help broker peace (and healing related to things like abuse, and protecting the vulnerable in the world).

Let's all step up over the next week – choose ONE thing you change in your day which decreases inflammation (meditation decreases inflammation fyi), and choose ONE thing over the next three weeks which connects you with the arts, music, community, creativity, being crafty, or to volunteer or work for Peace somewhere in your neighborhood, city or the world.

So, many of my colleagues are sharing healing rituals and getting together and collaborating.

This is a powerful three weeks – and even more powerful when we know that December brings Mercury retrograde...

So, express yourself in a way that is unique to you – enjoying art, being kind to strangers, volunteering...

Looking forward to hearing 12 years from now, what movements of Peace were born during this month, that have rippled great change into the world!



End of 2017 Heads up!

**MERCURY goes retrograde Dec 3 – Dec 22
Just in time for the holidays!**

**Use November to finish your goals for end of 2017
because of the Mercury Retrograde in December.**

**SET AND BEGIN NEW YEAR INTENTIONS EARLY THIS
YEAR*****

**There are some incredible Green Days at the end of
December – so much so, that I will be encouraging all
of our community to consider making your year
intentions early.**

This is because of the **eclipses at the end of January 2018** – I want you to get the maximum Green Day energy to focus, shift, heal, clear and plan your year. And as a result, using those Green Days of Dec 28 and 31 (and for some of us we might use Dec 23 & 24) to set some intentions and plan.

JUPITER IN LIBRA September 2017 through October 2018:

Jupiter in Libra sets a year rhythm, expanding the likelihood for change or improvement of residence or career for those with ascendant, Sun or Moon in

Cancer and Capricorn. And potential support for health and love for ascendant, Sun or Moon in Aries or Taurus (but not only these signs).

Jupiter is a constellation for almost a year - September 11, 2017 through October 11, 2018.

The important months to watch out for and plan to use the incredible Jupiter and Venus energy over the next year are:

Nov 2 – Nov 26, 2017 Venus and Jupiter will be together in Libra

March 2 – March 26, 2018 Venus is in Pisces – in special relationship with Jupiter

and some incredible alignments in April 2018 with light, consciousness and fire!

Remember to watch the Jupiter oversight video and the eclipse “Crisis or Release” IN YOUR MEMBERS BONUS AREA! These are 1.5 hour long classes that I have additionally given to you.

Detailed November 2017 update

Nov 2 mild Green Day

Movement of TWO planets of light, Mercury and Venus occur today, so things might feel a bit unstable. It is also only a mild Green Day because the Moon is shining on a still weak Venus early in the morning. By evening, around the world, the shifts will have occurred – so plan on using the *energy of Friday and Monday Green Days to help you.*

Nov 2 Venus moves into Libra, its own sign and creates a yoga for love, harmony, creativity and music – especially because Mercury also moves on Nov 2 into Scorpio completing this incredible yoga for music and creativity that can bring wealth and prosperity for some!

Nov 3 full Green Day Light and Swift Type I Green Day

A classic GO day for social, communication and commercial pursuits. **And Full Moon in Aries.** See the description at the beginning of the

PDF to get full description.

FULL MOON in Aries NOV 3 / 4 at 5:22 AM UTC & GMT / 1:22 AM EDT* (Daylight saving time changes in U.S.)

Nov 6 Green Day (Foundational – Fixed energy Type III Green Day) Create lasting structure

The energy right now is good for establishing long term objects, foundations and things that will stay a long time or be permanent. This day has less flow, but can be used for building homes, communities and non- profits.

The next time this "flavor" of Green Day occurs is in December during Mercury Retrograde so the power may not be as strong and direct. The next time it occurs after this is in early March, but it is of a more mild strength. It will not repeat at it's current strength until sometime after the next year! Since this type of Green day is at its strongest right now for a while to come, use it wisely.

Build or establish something of lasting value and meaning to you.

Nov 8 Saturn Moon Day

The Moon is in Sagittarius with Saturn and this day could have some obstacles or something might slow us down...to help build patience or the long term view.

Nov 9 & 10 Yellow Days

Nov 9 Yellow Day Guru Pushya Yoga Day – a special Day that happens to be a Yellow Day right now.

On Thursday November 9th, the Moon is in the constellation of the Moon and in one of the most auspicious lunar mansions for beginning projects, starting a journey, starting a sports activity, doing healing work or shifting your herbal and food routines.

So on Thursday, the moon is in its own constellation (Cancer) and is also in the lunar mansion called Pushya. This is a deeply spiritual insightful lunar mansion.

Now, when the moon lands in Pushya on a Thursday. This is considered a triple auspicious day.

Reminding you that the Moon is with Rahu or Ketu on the Yellow Days.

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The special half-planets of Rahu and Ketu move into Cancer and Capricorn today. This sets a pattern for the next 18 months – and **WHAT you do on the eclipses greatly affects your life.** Learn more about how to use the eclipses for your growth in your bonus **Mega Red Day Report. The next set of eclipses occurs Jan 31 and Feb 1.**

Nov 10 Yellow Day This Moon Rahu day is to help you transform emotions into energy – you can use the energy within each double helix in your cells, the energy which spans your spine and brain and learn to harness energy in new ways.

Nov 11 – 11 -11! 11 11 in Western Numerology is called a master Number. And it's fun to play with the time of 11:11 on November 11th. People born on master number days often are able to accomplish a great deal in their life, or have some unique skill sets they are asked to share with the world that might make them famous.

Indian Numerology see 11 11 as lighting up MERCURY and learning and marketing extraordinaire because the number 5 connects with Mercury, which happens to be supporting major deals right now.

Mercury has the ability to not only create change and communicate clearly and learn all the details of divine wisdom, but the timing of right now as you read this, Mercury is in a special relationship or "Yoga" with the planet Mars.

Mercury is in essence at its absolute strongest energetically of the year!

There is just not enough energy since the Moon is waning in light to support NEW expansive practices at this time. Take care of your energy as you focus on the last week of light for this month.

Nov 16 Mild Green Day

Nov 17 Red Day

Today is a beautiful Red Day; it has qualities of a mild Green Day, but happens to be a quiet energy day.

The day before the New Moon around the world. Since the New moon occurs so late in the day for Pacific Time, this is the lowest lunar energy of the month.

It is a great time to relax and journal, replenish, stretch and not over do in any exercise regimen.

Make sure to get plenty of sleep on Nov 17 to allow you to harness the theme of the new Moon for power packed action and to get you through an important month.

Nov 18 NEW MOON in Scorpio NOV 18 at 11:42 AM UTC & GMT / 6:42 AM EST

The New Moon is with Mercury in Scorpio – and the power packed exchange between Mercury and Mars persists, giving extra intensity and mystery from that Mars while Mercury gives access to great knowledge or the capacity to “make green” or market well.

Since the Moon is still basking in the light and connected with Mercury, Venus and Jupiter – the next two to three weeks once again have consciousness bathing in light with the planetary power houses of Venus and Mars NOW in an exchange – oh my! This will bring connection, passion, advocacy for others and healing to many.

These two full moons (Nov 3 / 4 and Dec 3) are finally aligning with light and action in ways for which we have been longing. The political tides and disaster relief are just some examples of the power of the people to gather and help each other and make choices based on helping each other and seeing the light in each other.

Nov 21 & 22 Saturn Moon days: This means the moon is passing through Sagittarius

Nov 23 An almost Yellow Day, but the Moon is in auspicious place this morning, around the world – so the day loses its Yellow Day designation.

Nov 24 Yellow Day

Moon is in Capricorn with Ketu – Today is a day to listen to the source within you, listen after you spend time in nature or at the end of your meditation. See what messages come to you in the quiet or silence as you tap into the current of cosmos. This of course comes from within you!

The lunar mansion of Shravana is connected with 'hearing' the currents of the cosmos.

Nov 26 & 27 Full Green Days

Nov 26 Green Day Type IV – Movable Day for change

Moon is in the healing lunar mansion connecting you to deep spiritual insights. Receiving or giving healing treatments on this day will help your spiritual practices immensely.

Rejuvenation treatments (like Abhyanga or healing massage), taking healing herbs and medicines, having sex, beginning a business or travel are all indicated on this kind of Jupiter blessed day.

Nov 27 Green Day Type IV – Movable Day for change

This day has a little more energy to move. Activities like gardening, moving plants, reciting mantras, buying new items are all supported today.

Travel and sexual activities are not recommended on this intense kind of day. (This information is just for subscribers).

Nov 30 Mild Green Day

This auspicious Moon day is light and swift and wisks you along. Since both Jupiter and Mars are involved (they are in Libra together) your actions can be bold and just. Act as a good citizen and the universe will support your good deeds.

This is also an incredible day for healing of all kinds since the Moon is connected with the twin, healers of Ashwini.
This special Moon in Aries also supports legal matters, putting on gems and starting new healing, food or herbal regimens.

REMEMBER FOR THOSE OF YOU IN THE NORTHERN HEMISPHERE, NOVEMBER AND THE RED DAY OF NOV 17 IS THE SECOND TO LOWEST ENERGY OF THE YEAR!

Dec 17th and winter solstice will mark the lowest energy of the year. So, as you descend into the restful darkness of winter, take good care of yourself around the Red Days in Nov and Dec.

For those of you in the southern hemisphere, the Red days of Nov and Dec are even milder for you with all of the light you receive in solstice time!

November and January are still the months to really get things done, since the retrograde puts a wrench in things at the end of the year and the eclipses at the end of January and in February will be easier to get through if you are focused NOW on how to use your time.

The blessing of having Venus in its own sign with Jupiter comes once every 12 years, and there are two more times over the next half year which will bring the blessings of Venus and Jupiter for positive change.

The total solar eclipse, heat waves, fires, climate change devastation has challenged many related to the previous planetary aspects. Thank goodness the planets of light are bringing some hope to many.

I will put this in perspective along with the Saturn Mars times to watch out for over the next year for all paid subscribers.

Written and prepared by Kathleen M Whalen M.S. Acupuncture and Oriental medicine, Founder of Conscious Calendars