

DISCOVER THE GOLDEN MONTHS THAT WILL DRAMATICALLY ENRICH YOUR 2018

Using the information contained within, you can avoid danger and maximize opportunity in this new year by understanding the dominant astrological patterns that will impact your wealth, success and wellbeing.

You'll learn what the most intense times of this year will be, including 5 eclipses, or "Mega Red Days," and what you can do to protect yourself from their disruptive, low energy.

You'll also see the simplest, fastest way to work with cosmic rhythm and create REAL change in every area of your life (even if you know nothing about astrology).

There are 4 major themes this PDF will cover about 2018

- Five Eclipses aka Mega Red Days (two in late January/early Feb, three in July/Aug 2018)
- Golden months
- Zones of intensity
- Times to UP your spiritual practice

ECLIPSES — OMENS OR INDICATORS OF CHANGE?

Eclipses have been connected with omens throughout history, as portents of doom or something ominous. In modern-day life, eclipses set the stage for change. Change can feel scary to some and welcome to others, depending on the situation. We all know change happens, but most of us would prefer it happen on our own terms.

In Vedic astrology, the eclipses are associated with the half planets Rahu and Ketu. Each of them "swallow" the Sun or Moon to create the eclipse. In astronomy, Rahu and

Ketu are invisible marks in the sky that tell us where the next set of eclipses will occur; the point where the Sun, Moon, and Earth will align to create the eclipse.

In Vedic astrology, Rahu and Ketu become invisible activating points and when planets cross these points in the six months after an eclipse, they can portend change for people or nations.

SUN GIVES US LIFE; MOON GIVES US HEALING

The Sun and Moon govern all life on Earth. Without them, we literally would not be alive, because all the plants and animals and people need the sun's warmth to survive. And the Moon is connected with the healing energies of plants and also affects our circadian



rhythms and the tides.

LIFE FORCE ECLIPSED

Since the Sun and Moon are connected with the existence of life itself, when they are eclipsed, the forces of creation are interrupted for a short while. If we want to be in alignment with natural rhythms, we need to mirror what is happening, which means not attempting to create new things during eclipses. This applies to physical things like cooking food that builds the body, and to metaphorical things like signing new contracts or taking new steps to move forward in life.

DIVINE TIMING AND HOW TO USE ECLIPSES TO YOUR ADVANTAGE

In 2018, we have FIVE eclipses to pay attention to. In the Conscious Calendars, they are referred to as “Mega Red Days.” While they are terrible times to start a traveling journey, get married, or buy a house, you CAN use their power to your advantage.

These Mega Red Days are powerful times for dissolving things, bringing deep patterns to light, or gaining insight on roots of problems. If we act in accordance with the natural energy of these eclipses, then we bring more efficiency into our lives and prevent certain kinds of struggle, suffering, and disappointments.

MEGA RED DAYS (ECLIPSES) IN 2018

Jan 31 (Lunar)

Feb 15 (Solar - Partial)

July 12/13 (Solar - Partial)

July 27/28 (Lunar)

August 11 (Solar - Partial)

WHAT TO DO ON MEGA RED DAYS

- Meditate — get as much quiet time as you can during the actual eclipse
- Fast — by your own definition, e.g. skip a meal, eat no meat, juice only, etc.
- Give to charity — tithe or donate whatever feels right to you
- Stay calm — even if others are acting strangely or if you feel impatient
- Get plenty of rest
- Eat healthy, vital food — sparingly before the eclipse window and prepare fresh food after it
- Take good care of your body — eclipses can challenge the immune system of some people, depending on birth chart
- Take a warm bath or immerse yourself in water — especially during solar eclipses
- Get a second opinion — especially if you see a doctor on a Mega Red Day. Not all has been revealed

ON MEGA RED DAYS, DO NOT:

- Sign contracts of any kind
- Have a large decision-making meeting
- Launch anything, including Grand Openings, events or parties
- Make offers on real estate (land, house, commercial or other)
- Make major purchases like a car or a boat

- Have major surgery, with the exception of emergency surgery.

KARMA AND THE 100,000-FOLD EFFECT

Many spiritual traditions around the world see eclipse days as having the effect of multiplying whatever you choose to do that day by 100,000-fold. So what do you want to grow for yourself in the next six months? More anger and unconsciousness? Or would you like to multiply your good deeds, healthy habits, gratitude and enlightenment?

Take extra care of yourself by having your grocery shopping and food prep done before a Mega Red Day so you can be calm and take it easier during the time of the eclipse itself. Many people feel a little extra tired a few days before and after eclipses, as well. If you plan ahead to ease your journey through Mega Red Days, you'll feel happier and healthier than most people.

GOLDEN MONTHS OF 2018

Golden Zones of the year connect with the planets (Jupiter, Mercury, and Venus) that make Green Days!

Green Days are connected with the greatest lunar light. Thus they are days marked for your EXPANSION.

(For example: The longest marriages in recorded history were begun on Green Days.)



- First week of March, 1-7, we have six days out of seven being Green Days!
- Second half of April and all of May together have 15 total Green Days, plus Venus in Taurus and Gemini
- September brings Venus and Jupiter together, and Mercury moves into the greatest place of strength for deals, commerce, sales, and ideas.

Here's some especially good news! For much of March, Venus will be in Pisces and exchanged with Jupiter. It's a gorgeous time of love and creativity.

You can use this time to your best advantage in these ways:

- Really pay attention to how you SPEAK and THINK about your own creativity and expression. Do you talk about not being creative? Do you downplay yourself to others? Do you speak negatively about your abilities or potential?

This is a time to RE-PATTERN your thoughts and speech to create an opening for new, unseen gifts to emerge.

- Reflect on how you show others you care about them. Do you express with love and kindness? Do you convey your gratitude clearly?
- Consider how you receive compliments and thoughtfulness of others. Are you gracious? Can you accept it with an open heart or do you close off, turn away or shut down? NOW is a time to play with becoming a more accepting and loving person. Experiment with new ways to give and receive love.

INTENSE ZONES FOR 2018

MARS WITH SATURN BRINGS US CHALLENGES

Mars in Sagittarius tends to head-butt with Saturn this year. It brings obstacles that can be overcome. Great engineering collaboration can occur during this time, if the egos of half the team can be kept in check. Sagittarians and the United States might experience extra pressure and major accidents.

*MAR 30 – APR 8 (Most intense time: Planets cross and Mercury retrogrades).

MARS AND KETU

(Eclipse pattern, wild card energy, heat and instability)

Under these pressures, some people might act erratically, and anyone with Capricorn or Cancer planets in their natal charts needs to manage heat in their bodies and anger tendencies. Irritation, heat issues, instability, burn-out are biggest issues at pivotal times. You can be prepared, and counter the internal heat with diet and lifestyle adjustments. Kathleen will mention some in the Class.

MARS CROSSES KETU THREE TIMES

Of all three of these times, **the WEEK OF JUL 22 – 28 is the most intense.** It also has **Total Lunar Eclipse July 27 /28, Mercury retrograde and Mars crossing Ketu.**

Total Lunar Eclipse peaks at 8:22 pm UTC on Jul 27 / 4:22 pm EDT/ Jul 28 at 6:22 am AEST

TIMES TO UP YOUR SPIRITUAL PRACTICE



Every month has 2 to 6 days that are influenced by the random and changeable energy of Rahu & Ketu. They also fall around eclipses.

In the Conscious Calendars system, we call these Yellow Days (here's an example of Yellow, Green, and Red Days in January shown at left).

These can be ungrounded days, where we have a harder time staying in the flow or where things can “go wrong” or don't move as smoothly as they normally do.

On these Yellow Days, I highly recommend you refocus on spiritual practices — connecting inward and to something greater.

The best way to stay in harmony with the Universe at this times is to do your practices, meditate, and work on changing our expectations.

You can make some lemonade out of these lemons by being prepared in advance.

Having the get-it-at-a-glance Conscious Calendars by your side means that Yellow Days won't be able to sneak up and disrupt your life — you'll know about them and plan for them way before they happen!

NOW IS THE BEST TIME TO GET CONSCIOUS CALENDARS AT SPECIAL DISCOUNT

For the next seven days **ONLY**, you can get a subscription to Conscious Calendars and save 10% off the 2017 pricing!

Just [click here](#) and use the SPECIAL DISCOUNT code at

checkout: “NEWYEAR10”

In addition to providing you the most cutting-edge, deep-level research on today's most exciting trends, Kathleen Whalen and Conscious Calendars allow you to hop in a virtual time machine, zoom into the future, and look at tomorrow's biggest influences before the mainstream media finds them.

Conscious Calendars is about being prepared and poised - you can change your future, the more you make conscious choices each day. Conscious Calendars helps you do just that. And a year package of Calendars can change your year.

Because we know you've seen some amazing glimpses into what 2018 holds, we know you'll love getting access to the detailed breakdown of each month. With Conscious Calendars, you get a SIMPLE, get-it-in-a-glance calendar that shows you all the days to expand, to be cautious, and to lay low. PLUS, you get a monthly Vedic Forecast PDF

We've been working with Conscious Calendars for over 3 years now, and without a doubt I have to say they are a huge part of our personal and professional success. We've used Conscious Calendars for launch dates in our business, scheduling flights, negotiations, signing deals, and even our wedding date!

Conscious Calendars also lets us plan for “bumps” along the way. For instance, we spotted a financial bump coming 3 months ahead of time, that would have otherwise ruined us.

and video with the specific details you need to live your best life.
— Sheleana Breakell, Founder of YoungAndRaw.com

Your Conscious Calendars subscription will ALSO include a weekly newsletter that gives you the influences of the week so you can stay on track. Plan for your travel, big events, and new endeavors using the full annual calendar, then keep aligned with the daily natural rhythms through Kathleen's monthly and weekly reports.

For the next seven days ONLY, you can get a subscription to Conscious Calendars and save 10% off the 2017 pricing!

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