CONSCIOUS CALENDARS

UNIVERSAL CONSCIOUS CALENDARS KEY



WHAT DO THE COLORS MEAN?

Green Days are Go Days:

- Commerce, marketing and sales
- Launches in general
- Sending newsletters and communications
- Teaching classes
- Hosting events
- · Celebrations of any kind, either work-related or spending time with family and friends
- Romance and dating

Types of Green Days

There are four types of Green Days. They are designated by roman numerals I - IV. **Paid subscribers get** extra training on how to use the nuances of these Green Days. Here's the short version:

- I Light and Swift Days good for beginnings and new endeavors
- II Soft and Tender Days good for romance and weddings, for learning music, dance and the arts, for spending time with friends, creating social connections, enjoying beauty, designs and finer things.
- III Fixed good for establishing long term objects, foundations and things that will stay a long time or be permanent. This day has less flow, but can be used for building homes, communities and non-profits.
- IV Moveable good for moving of any kind; from simple furniture, home or office shifts, changes of any kind are supported, from changing routines, residences, commutes, to thought patterns.

Yellow Days are Slow Days

- Plan extra time for activities; you will be glad you did
- Complete behind-the-scene tasks on Slow Days
- Do desk work and catch-up work on these days, but do not expect high productivity
- Expect traffic or delays in your commute; most things will seem to take longer
- Miscommunications, misunderstandings, and simple mistakes can create extra work or cause delays
- Technology and communications can have technical difficulties. Plan on changing or charging electronic devices as part of the day's delays

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WHAT DO THE COLORS MEAN?

Red Days are No Days

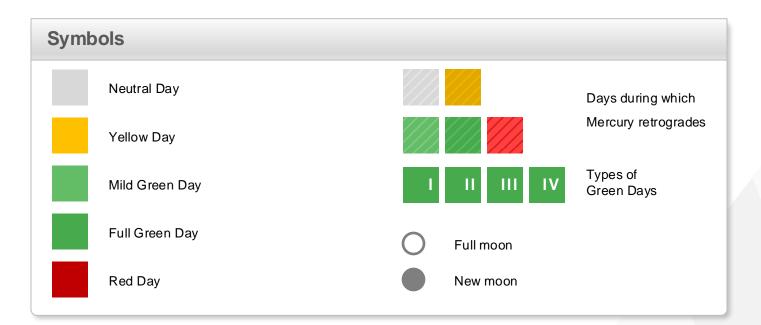
- No major business activity recommended
- No launches
- No buying homes
- Do not sign contracts in general
- Do not over-do physical exercise or workouts or push yourself too hard
- These are good days for healing, repair, and quiet. Caring for your health, spiritual practices, and moving slower through your day are aligned actions

Neutral Days

- Live life as usual
- No special confluences occur on these days, which is why they are not designated Red, Yellow or Green
- No distractions or extra attention need to be added to these days, it is nice to 'just have a day' to establish our regular routines.
- This is why the other days are so special, they call you to be aware in a different way.

CONSCIOUS

UNDERSTANDING THE CALENDAR



Times

All times on the calendars are in **UTC**, Coordinated Universal Time, the international basis for other time zones. UTC is the same time as for GMT (Greenwich Mean Time) and Zulu time. **Note:** The United Kingdom is not on GMT during summer.

If you want to find your local time zone for an event go here:

http://www.timeanddate.com/worldclock/converter.html

GMT = Greenwich Mean Time

BST = British Standard Time

The United Kingdom is not on Greenwich Mean Time (GMT) all year. During Daylight Saving Time (DST) the correct time zone is <u>British Summer Time (BST)</u>.

All times are local time for London. Time is adjusted for DST when applicable. Dates are based on the Gregorian calendar.

EDT = Eastern Daylight Savings Time

EST = Eastern Standard Time

PDT = Pacific Daylight Savings Time

PST = Pacific Standard Time

For current time anywhere in the world, please use the World Clock: http://www.timeanddate.com/worldclock/