

February 2018 Conscious Calendars Vedic Astro Forecast PDF (bonus for paid subscribers).

UNIVERSAL CONSCIOUS CALENDARS 2018

● **NEW MOON FEB 15**
9:05 PM UTC / GMT / AND 1:05 PM PST / 8:05 AM AEDT ON FEB 16

○ **FULL MOON FEBRUARY 1**
2:26 AM NZDT (PEAKED JAN 31 ELSEWHERE) Total Lunar Eclipse visible in NE Europe, Asia, Australia, N America...

FEBRUARY 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6 <small>IV</small>	7	8	9	10
<small>Saturn with Moon 11 & 12</small> 11	12	13	14	15	16	17
18	19	20	21 <small>I</small>	22	23	24
<small>Saturn with Moon 25 & 26</small> 25	26	27	28			

MEGA RED DAYS February 1 (in NZDT), 15
 Total Lunar Eclipse Jan 31 at 1:31 pm UTC / Feb 1 at 2:31 am NZDT
 Partial Solar Eclipse Feb 15, 2018 at 8:52 pm UTC
Note: February 14 Venus in Aquarius, Mars in Scorpio. Moon placement makes for a Yellow Day. BLACK MOON in Feb because technically NO full moons in February at all for UTC time.

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HIGHLIGHTS of February 2018

- **Full, Super, Blue moon in Cancer on Feb 1 in New Zealand, 2:26 AM NZDT**
(FULL MOON AND ECLIPSE PEAKED JAN 31 Elsewhere, just to re-cap: Total Lunar Eclipse visible in NE Europe, Asia, Australia, N America)
- **GREEN DAYS - FEB 6, 21** (Feb 6 Type IV, Feb 21 Type I)
- **MILD GREEN DAY – FEB 7**
- **YELLOW DAYS - FEB 1, 13, 14, 27 AND 28**

- **FEB 14: VENUS IN AQUARIUS, MARS IN SCORPIO MOON - VALENTINE'S DAY IS YELLOW THIS YEAR**
 - **MEGA RED DAY ON FEB 15 — PARTIAL SOLAR ECLIPSE ON FEB 15 AT 18:55 UTC or 6:55 pm UTC**
<https://www.timeanddate.com/eclipse/solar/2018-february-15>
Regions seeing, at least, a partial eclipse: South in South America, Pacific, Atlantic, Antarctica. Venus, Neptune and Mercury all Aquarius with the Sun.
 - **New Moon in Aquarius Feb 15, 2018 at 9:05 pm GMT & UTC / 1:05 pm PT** (See your calendar)
- 2 Mega Red Days for NZDT time zone because of the total lunar eclipse on Feb 1 NZDT (PEAKED ON JAN 31 ELSEWHERE)**
- **"PURPLE DAYS" AKA SATURN MOON DAYS ON FEB 11, 12, 25 AND 26**
 - **Strange Lunar Lingo Fact: There is a BLACK MOON** in Feb because there are technically NO full moons in February for UTC time. (There is a full moon on Feb for NZDT, but it is the eclipse). This can happen in February because there are only 28 days).

The main things to know about February is clearly the Eclipse day. As you can see, we only have three Green Days overall, and 9 total Yellow and Purple Days combined.

The good news is that within a few days of the solar eclipse passing, you will feel a significant shift.

This might be a slightly unsteady month, but the neutral days will be your friend to maintain good habits. Think of the whole month as a way to step-up and stay as focused as possible. This way you will hold steady – and that means you're doing tremendous!

The full moon is in Cancer constellation with Rahu for the eclipse on Jan 31/Feb1, 2018.

Those with major planets in Cancer, Aquarius or Capricorn constellations or ascendant of those signs are going to feel the effects of the

eclipses more in the month of February.

Take extra care of your health if you know you have those signs 'strong' in your chart. All three of those ascendants will want to stay on top of your health for all of February.

Make sure all illness is gone, if you get a cold or flu. Do not let that little 10 - 15% linger. It might really come back to bite you in June, July this year.

Set yourself up for success and just say NO to a habit you are trying to shift on Feb 14 – 16. You will thank me for helping you unhook some habit you have been wanting to change. Plan on watching emotions, not reacting to them.

All **Mega Red Days** are windows to **reverse karmic patterns**. Yup. Read your Mega Red Day report to help you plan for the Feb 15 partial solar eclipse.

Vedic Astrology which recommends NOT looking at eclipses.

I have tested the principles of using eclipse days NOT to begin something new, but to work on weaker habits, and reverse my weaker tendencies – just as you are asked to test and discover what is true for you on how to use eclipse days.

When I apply the principles of NOT doing certain things on eclipse days, I noticed incredible results - but not in the typical way of things being easy, on the day. Things get easier **later** because it is a little more difficult to act against our impulses. So, if you can act in the opposite direction of your desire on eclipse days, then you weaken a weakness. Get it?

This is why I lay low, and do not see clients on Eclipse days. I do not want to encourage seeking answers around eclipses - because the answer is usually to just NOT.

ECLIPSE DAYS – DO NOT POKE THE BEAR

Do not poke the bear, or the bee hive on eclipse days. Remember this in relationships and in public spaces on eclipse days. It is likely that if you force a 'discussion' on an eclipse day, that it might turn into an argument. So, just don't. Show restraint. I know you can do it, for just ONE day!

I have watched two long-time friendships end and un-ravel on eclipse days, and one of them, without any provocation. The friendship was just over on a solar eclipse day.

I did not know then what I know now.

But sometimes we just really want to! We just think we really want or need an answer to something or that WE can CLEAR something or that we can START something big and new. That's just anxiety or our patterns wielding their lovely heads. Just watch your desire, and maybe make a cup of tea.

It is precisely BECAUSE desire can be stronger, or impulses to be intoxicated are stronger on eclipse days, that it can be harder to say NO to something, or fall into habits of impatience or being irritated with your pet peeves, it is slightly harder to go against inertia or laziness.

If eclipses bring exponential karma, then imagine what is happening if you get angry on an eclipse day, or flippantly give in to eating that treat "because you're stressed". No pressure.

You can treat yourself on another day...I just suggest that an eclipse day is a great day to say NO to at least ONE thing. You get to choose, always.

Fate and free will are always dancing, and since you know this is a potent window because you have special karma to know this, then why not make use of it?

Yes!

ECLIPSES ARE WINDOWS FOR EXPONENTIAL KARMA – your Mega Red Day report also goes into this concept.

On eclipse days, there might be resistance to doing something which is good for you, and if you go ahead and for example, SIT in meditation whether you get any results or not - you have just exponentially built an inner strength, some spiritual muscle.

I know getting to meditation or taking a walk may not sound like sexy stuff - but WHEN YOU DO THESE PRACTICES DESPITE FEELING RESISTENCE, you are building spiritual muscles.

AND I THINK THAT IS SEXY.

(Well, I got you to read this part because of the word sexy. Spiritual muscle

is good for you, good for your family and good for the world).

That's right, spiritual discipline is **like getting extra armor points in gaming, but you get protection and focus in real life.**

If you can resist a tempting food or habit on an eclipse, or drink more water rather than getting distracted at work - I have noticed it is easier to say NO for up to six months or easier to DO the good habit!

Eclipse days are about desire and distraction and illusion (for instance I could be intoxicated with my own ego, my opinion, my anger, thinking I could skip practices and not notice a difference). So, be proactive and get rid of anything in the house which might tempt you, or store it away, in box upon box NOW and skip having sugar, or caffeine, or nicotine or whatever habit you want to shift on the eclipse day.

REPEAT THIS ON FEB 15 the second **Mega Red Day** of the year and you will notice a huge difference in the next six months. it is such a big deal to say NO to something we normally are weak to saying no to! It's exponential! Actions on eclipse days count 10,000 fold (but not actions for building things or for money).

Rahu and Ketu bring energies of reversal, and these are the forces which make the **Mega Red Day.**

Practice this every six months:

Keep your focus simple for the first few times you try this.

Then every six months, you get a new chance!

You CAN leap frog improving yourself from eclipse to eclipse and leap frog expanding your opportunities and impactful work on Green Days.

You can also try KEEPING a certain habit you currently have, for instance, go for a walk - only during hours of light on eclipse days!

This will stay in your life for the next six months then, when you wake up the next day and go again.

ECLIPSE EFFECTS

Everyone can feel and notice the effects of eclipses with technology and daily errands, traffic issues, random intense illnesses and relational misunderstandings that are happening now – and those effects typically happen the day before, day of, and day after the eclipse. Sometimes things just

seem off, or those helping you in stores or customer service are a bit slower, confused or new to a position, sometimes machines just break down.

WIDER ECLIPSE EFFECTS

Here's what many of you might not know:

The wider **effects of an eclipse** season can be felt up to **two weeks BEFORE the eclipse and two weeks AFTER**. The more energetically sensitive you are, the more likely you are noticing this impact.

It can come in a variety of experiences, such as headaches, insomnia, weird dreams, physical discomforts, random intense illnesses or clearing (a friend of mine sometimes calls these "spiritual updates" because your body is showing you what needs shifting psychologically, spiritual, and/or physically).

In relationships, you might start noticing a theme for two weeks – like the same kinds of situations presenting themselves over and over. You possibly have noticed either irritation with others, or others irritated with you, or similar topics in conversations repeating themselves.

This is likely the "theme" of what you are being asked to observe in your life (is your theme about you with your health? your relationships? your devotion to your work? your desires for your home or family? issues with your parents? your spiritual path?).

Feb 21 will really help most of us gather ourselves and re-set our focus for the year and remember our commitments and our dreams.

Detailed Description of February 2018:

[Highlights of First Week of February: Feb 1 – Feb 7](#)

POSITIVE AFFIRMATION FOR THE NEXT WEEK: "I lovingly hold to the center of myself, listening to changes as they come and keeping kindness in the forefront of my mind."

FULL MOON Thursday Feb 1, 2018

This Full Moon occurs in Capricorn:

- 2:26 AM NZDT (PEAKED JAN 31 ELSEWHERE) Total Lunar Eclipse visible in NE Europe, Asia, Australia, N America...

Tuesday Feb 6 is a Type IV Green Day

This is a moving and shaking kind of Green Day – Jupiter will go retrograde in March, so use this Green Day for fun, or making changes to your home, office or routines.

It is a great day to buy a vehicle or anything that transports you, move furniture or plants, or change a routine.

Let the fresh energy and perspective this day brings you inspire you and remind you that most of our experience is about perspective. Be open to having your mind or point-of-view changed about something today.

Advanced Vedic Astro: Moon is in Swati, in Libra with Jupiter.

Wednesday Feb 7 is a Mild Green Day

No special Type of Green Day

The Moon is still with Jupiter today. This is good day to improve your daily routines. Did you pick your clothes to wear today last night?

Did you get your weekly food shopping finished to better support healthy choices and quick, easy meals at work? How can make small changes that will help you 'be the best you'.

This is that kind of a day. Improve the small things today to make a bigger difference in your ability to succeed.

Second Week of February: Feb 8 – Feb 15

*See the note for February 10th. We have quite a week ahead with some challenging energy, so you want to have clothes and food set for the week to make sure you can flow with the inevitable changes, so you will not feel blown about by life's circumstances. **Mega Red Day mid-week!**

It is easier to include the Thursday solar eclipse in this week to make sure you see it early.

QUESTION AND INTENTION FOR THE NEXT WEEK:

See Feb 8 – 10 question.

Feb 8, 9 & 10 Mars Moon Days – Days of Action, and asking where is your passion in life?

The question to ask yourself on these three days is: "Where does

my desire lay, what gives me meaning in life?"

I am not speaking of desire in a 'what is missing, I desire something' or feeling of lack, but where do you find inspiration in life? Where do you discover that you just keep going on something (like cooking, fixing things, gardening, pruning trees, researching adventures or science?)

The Moon is in Scorpio with Mars these three days – these days are about finding "FLOW" which is actually a term in Positive Psychology, and is a state of getting lost in a project or task, when time flies. Flow is when you lose our sense of self and time.

Look to your life and see what kinds of things you would STILL do if you had all the money in the world, what would you gravitate to doing with your time?

There lies your purpose, meaning and how you naturally share your talents. **Mars Moon days will highlight this for you. Then after the eclipse, you can make plans to make sure those things which inspire you are in your life.**

Ask the question all three days, and then act on it on Feb 21 and beyond.

* **Saturday Feb 10** is the day you want to have things ready for the next week – two purple days, two Yellow Days and a Mega Red Day! Get your shopping of staples finished by Sunday, and only pick up fresh food at the latest on Monday and Tuesday, plan on delays.

Sunday & Monday Feb 11 & 12 are Saturn Moon Days, or "Purple Days"

Saturn Moon Days are good to focus on long term goals and processes. Do not expect much to get done on these days, but structures can be put in place. Like laying railroad ties, steadily, the path will be made one rung at a time, but the map of where you are going is as important as placing each section of track.

Examine your commute to work, are there new routes that could save you time and money? Don't implement the change yet. Just do the research to a problem you are solving on these two days. You can implement the change after the eclipse!

The Moon is in Sagittarius with the fires of change – you are being asked to

look at short term suffering or discomfort for longer term gain – aka- ways to possibly save money, ways to change how things are done in your life, possibly with some kind of sacrifice.

Then sit with it, and inspiration may come in your meditation.

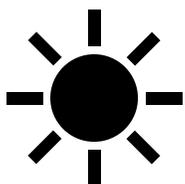
Try not to skip meditation on Purple Days – it is even more important than usual – and the day might have obstruction, too. Plan well.

Tuesday Feb 13 is a Yellow Day

The Moon is in Capricorn with Ketu and Mercury. Get ready to be feeling the shifting energy and less energy through Feb 16.

The Moon is losing light and reflective energy.

Keep your potassium levels balanced by eating leafy green veggies and easy to digest meals this whole week.



Sun “moves” into Aquarius today, **Feb 13** – This sets the alignment for the partial solar eclipse in two days.



Wednesday Feb 14 is a Yellow Day because the Moon is in Capricorn and is with the eclipse pattern Ketu...and it is the day before the second Mega Red Day of the year.

I often look to the Moon, Venus and Mars to tell people what “Valentine’s Day” will be like. And as you can guess, I do not recommend trying to go on a date, trying to start a new relationship or to get romantic on either Feb 14 or Feb 15. Actions on these days, just will not have fruition, so don’t bother trying to be romantic.

Making sure you have time to meditate OR spend extra time on organizing so that things are in order by Feb 13, is a good plan!

Venus is caught up with the eclipse energies a bit, and Mars is being intense and brooding in Scorpio. More reasons to skip a date mid-week this week.

PLUS, Mercury moves from Capricorn into Aquarius right on the verge of the eclipse. This makes for a shifting energy because our energy will be lower, and this day before the New moon.



From Mega Red Day to Green day week! Time to celebrate – hope is woven into each intense and difficult situation when we look closer.

There might be only a few Green Days in February, but the one on Feb 21 will be welcome! Make the most of it, and know that there are a TON of Green Days in the first week of March. There is light at the end of the tunnel. You will likely feel completely different at the end of this week, than at the beginning – so please remember this note of hope.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

“I can change with circumstances around me, and adjust easily. I ground myself with my breathe and keep re-finding my center, again and again.

Change is a healthy result of life.”

Thursday Feb 15 is a Mega Red Day and Peak Partial Solar Eclipse at 18:55 or 6:55 PM UTC

It's true the Mega Red Day is Feb 16 for those in s. hemisphere in the morning, but Feb 15 is still is a Red Day for Australians, New Zealanders. Treat Feb 15 & 16 both as Mega Red Days in the s. hemisphere. This is the second of five Mega Red Days this year. The next series are in July and August 2018, so you have a breather for six months after this tumultuous time.

● **NEW MOON IN AQUARIUS THURSDAY FEB 15**

TIME OF THE NEW MOON: 9:05 PM GMT & UTC / 1:05 PM PST

MEGA RED DAY – PARTIAL SOLAR ECLIPSE

This New Moon in Aquarius strikes change in the world of ideas, communication and finance. "The Revolution will be on your smart phone. The revolution will be about love and democracy. The great changes this year will be about democratizing that everyone can have affordable money transfer, a right to control their identity online and decide who benefits (social media uses your interactions for their gain right now), and of bringing cheaper communication to the masses."

This is the idea of this new moon to want to change the world from within its systems!

And part of likely security breaches and communications issues – from a combination of natural events and some cyber-attacks – some of the internet and communication and finance changes will start to take effect after this time-period.

We will likely see mainstream changes to communication and finance in the fall, but the great disruptions that occur this year will help things take root more.

Just remember, that large corporations have been investing millions of dollars into new encryption technologies and they will want to own the information on those networks.

Tuesday Feb 20 has beautiful movement to it too! Use today and tomorrow to help set your focus for the rest of the month – and to schedule and plan for the first week of March!

Wednesday Feb 21 is a Type I Green Day!

This is a fiery day of inspired action, stepping into leadership, having clear boundaries while also looking ahead.

This day has the perfect combination of intent, action, and follow through. Eat regular meals to help your focus remain steady. Since it is a fiery day, you want to give fuel to the fire. You don't want the fire to spitter-out. Remember, the more organized you are the day before a Green Day and the more you shore up your energy on Green Day, the more you can get done.

Green Days are always good for communication – Wednesday is a day of communication (connected with the planet Mercury), so today beckons you to reach out to someone. Stretch yourself. Ask someone for a letter of recommendation, or an interview, or reach out to some old friends or work associates. Good ripples are started on Green Days that bring fruition later.

Advanced Vedic Astro: Ashwini Moon opposite Jupiter

Fourth Week of February: Feb 23 – Feb 28

This week is really to help you prepare and line things up for that first week of March – just get ready!

6 Green Days out of 7 days from March 1 - 7! What? Celebrate!



POSITIVE AFFIRMATION FOR THE NEXT WEEK: "Blossom in ALL circumstances."

Even on Purple and Yellow Days, you can gain positive things in your life. I give an example in the Yellow Day video on this page in your bonus training videos – see the example I talk about, for instance, if you have to give a presentation on a Yellow Day. You can turn things around and be one step ahead, precisely because you know it is a **Yellow Day** (Yellow Day info page and Eclipse Video for Sept 2017 through March 2019 theme)!

Sunday Feb 25 & Monday 26 are "Purple Days"

These are the milder of the two types of Purple Days because the Moon is in Gemini, opposite Saturn. These two days just may have some delays or obstacles in them because either you or someone involved with what you are doing might "rabbit hole" or get lost in the details and cause things to slow down...

Of course, the distraction will probably be someone doing research to try and improve something. Be patient. And if the 'research' gets added to your project, things will take even longer. Deep sigh.

Ah, engineers trying to improve things. Remember, so much of our life improvements are due to engineers solving problems they researched, probably on a purple day.

Tuesday Feb 27 & Wednesday Feb 28 are Yellow Days

Created by Kathleen M Whalen M.S. Founder of Conscious Calendars © 2018

Ah, the emotional Yellow Days. Just be aware of a tendency to over react on these days. Take a deep breathe before saying anything if things appear to be falling apart.

Be prepared to apologize if you get dramatic today.

Or better yet, because you know these are a little more prone to drama – take some L-Theanine or drink white tea which will increase alpha brain waves and help you achieve meditation calm and focus.

We move into an exciting first week of March!

MARCH 2018 LOOK AHEAD

What to know:

Jupiter goes retrograde on March 12, 2018

This is one of the Golden Months!

Especially March 1 – 7 is an incredible time this year!

COSMIC RHYTHM WEEK:

A FREE 7 DAY SHARE WITH YOU ON THE PLANETS AND CHAKRAS

It is such an incredible week, that I am going to share with you what I call Cosmic Rhythm week.

You will learn about how the planets are connected with each of the chakras (most people do not know this, even those who teach chakras).

And I will also connect with how this affects the energy of 2018. Depending on what everyone wants to learn, I might add some highlights on some different methods of meditation.

Remember, Chakras ARE the system which come from India. The same system which is connected with yoga, Vedic astrology, and Ayurveda. They are all linked!

This will all be part of the Eschool that Kathleen will be sharing with you this year. Eschool is short for Energy School.