

# March 2018 Conscious Calendars Vedic Astro Forecast PDF (bonus for paid subscribers).

**UNIVERSAL CONSCIOUS CALENDARS 2018**

● **NEW MOON MARCH 17**  
1:11 pm UTC & GMT / 6:11 am PT

○ **FULL MOON March 2** at 12:51 am UTC & GMT **MARCH 1** 4:51 pm PT

○ **FULL MOON MARCH 31 BLUE MOON**  
1:36 pm UTC & GMT / 5:36 am PT

MARCH 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
Vernal/March Equinox				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Jupiter goes retrograde March 9  
 \*Mercury Retrograde in Pisces March 22/23, 2018 – April 15, 2018  
 No designation of Green Day Type simply means it is not one of the four types of Green Day energy that day.

The Moon is with Saturn on this day, or opposite it. The day is slower and possibly has obstacles but the delays will improve what you are creating on these days. Let go, be patient. Keep long term goals in mind.

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## HIGHLIGHTS of MARCH 2018

□ **FULL MOON IN LEO ON MARCH 1/2**

One time a year, the moon is full in the house of the Sun, Leo.

Step into the light in a new way, be being creative and spending time

with those you love and who make you laugh. This builds relaxed confidence and builds connections and success.

- **GREEN DAYS – MARCH 1, 3, 4, 5, 6, 7, 19 AND 20**
- **YELLOW DAYS - MARCH 2, 13, 14, 26 AND 27**
- **RED DAYS MARCH 17 – NEW MOON ARRIVES AFTER SUNRISE**
- **“PURPLE DAYS” AKA SATURN MOON DAYS ON MAR 10, 11, 12, 24 AND 25**
- **\* MERCURY RETROGRADES IN PISCES MARCH 22/23 – APRIL 15, 2018** (MAR 23 AT 00:51 UTC)
- Green Day Types: March 1 not a Type Green Day at all, outlier March 3 Type III, March 4 Type I, March 5 Type II, March 6 Type IV, March 7 mild not a traditional type of Green Day, March 19 mild Type II, March 20 Type I
- **\*Venus and Jupiter exchange almost all month, bringing even more light to the Green Days starting with March 3.**

### **\*MAJOR HEALTH TIP FOR THE SEASON:**

Allow the Sun to gather warmth or heat on your third-eye with your eyes closed (this helps your face relax and helps you practice being radiant privately), or to gather warmth at your low back if you have a slow metabolism or fatigue. This warms the kidney yang in Chinese medicine, and helps you replenish your Essence.

## **Detailed Description of February 2018:**

[First Week of March: Mar 1 – Mar 7](#)

**\*6 out of 7 Green Days in a row!** I have never seen this! Celebrate.

### **POSITIVE AFFIRMATION FOR THE NEXT WEEK:**

“I step into the light in new ways this week and month.”

**Healthy actions of the week:** Step into the light, literally! Step into the sun and let it touch every cell, even if it is in a safe, cozy corner in your kitchen as the rays of the sun shine through a window. Notice how you can feel regal and upright in your spine and yet relaxed when you stand in the light like this.

How can you be yourself, and shine, and be relaxed in your being at the same time? These feelings often come from periods of silence and slow moving.

## ○ **FULL MOON March 1 or 2, 2018 Green Day**

This Full Moon peaks in Leo, just in the wee hours of March 2 UTC or GMT.

○ Full Moon March 1, 2018 at 4:51 pm PT / March 2, 2018 at 12:51 am GMT / 11:51 am AEDT

(Advanced Vedic Astrology: The Full Moon is in Leo Purva Phalguni at 17:16)

**Friday Mar 2 Mild, mild, mild Yellow Day** This day just has some transition energy to it, even though it is still blessed with Venus and Mercury, this day can possibly have then energy run away from you. There is some Green Lining to the clouds today, helping you tap into LOVE in a new way.

So, it is labeled a Yellow Day to have you keep your awareness up to ensure you get EVEN MORE OUT OF THIS ENTIRE WEEK!

## **Saturday Mar 3 Mild Green Day**

**\*Venus moves into Pisces – it's most powerful place all year for love, connection, creativity and...for some, indulgence.**

**Venus and Jupiter exchange almost all month, bringing even more light to the Green Days starting with March 3. Two of the three planets which make Green Days are dancing in each other's constellation. There is even more now to have me rave about the Green Days, since these planets gain double the strength to bring luck, opportunity, creative inspiration, expansion and...indulgence or attachment to being treated a certain way in love relationships. So, watch those desires at the same time too!**

## **Mar 3 cont'd**

**The Moon today is in a foundational place – so it does not have much movement to it, it is for pouring foundations, and establishing things (buildings, organizations that are designed to continue giving back for over 100 years, relationships, legacy and heritage) that will last a long time.**

**\*Sun, Mon, Tues Mar 4, 5 & 6 are all Green Days**

### **Sun Mar 4 Type I Green Day**

This auspicious Moon is all about healing – healing old patterns and making new arrangements that heal body, mind and soul. This is one of the most auspicious moons and today is a special day.

The Moon today receives rays of light from both Venus and Mercury now. Mercury moves into Pisces now too, and joins in the mix. Mercury is weakest all year in this constellation, luckily Venus is a 'friend' and gives it support for a few weeks before it retrogrades later this month.

Positivity can run strong on these Green Days, just watch for naivety or being gullible. Make sure you cross Ts and dot Is and read the fine print on any contracts; and make sure you are not just hoping something will happen, but are taking firm steps. Collaboration is the key to success this month, and that includes having extra sets of eyes on everything!

Reach out and ask for support and give support where you can ~ you will be inspired to do the right thing ~ this is another form of devotion or bhakti after all, when we spontaneously help another person.

(Hasta Moon in Virgo opposite Venus and Mercury in PBhadrapada)

**Mon Mar 5 Type II Green Day This is a romantic and social Moon-day. Sometimes called a 'great date night'** in the Conscious Calendars system, this soft and mild day is for spending time with friends and family, listening to music, being creative, and being light and fun. This is also a day that can be good for healing and sports. (Chitra Moon)

### **Tues Mar 6 Type IV Green Day**

Now the Moon moves into the very same sign as Jupiter in Libra and receives both the energy of Jupiter and Venus (because they are exchanged!).

This moon relates to Divine knowledge and deepening spiritual practices, especially those of the arts. So, sing today, dance today, make something beautiful, even if it is just arranging your food on the plate in a pleasing way.

Learn something new today – preferably learning something in the arts, music, theatre, gardening or communication.

(Swati Moon)

## **Wednesday Mar 7 is a Mild Green Day**

Today is a good day to get mundane things completed, and the less beckoning energy to 'get something done' will be a welcome to us all after all these incredible Green Days!

Catch up on errands and use the good luck of the day to possibly seal some deals or buy something you have needed for a while.

Ah, the glow of the Moon is waning now, as we are six days after the full moon and today would just be a "day" if it were not connected with Jupiter. (Vishaka with Jupiter, exchanged with Venus)

Please read the heads-up below!

## **\*Wednesday Mar 7 Mars moves into Sagittarius**

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### [Second Week of March: Mar 8 – Mar 14](#)

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This is almost a confusing week after the last one with three Purple Days and two Yellow Days all in a row, you want to use all your organization from the week before to help get you through this next week.

Be ready and know you have next week because this week is a bit odd, and starting on Thursday Mar 15, you finally have a few 'regular days', the Red Day on the 17<sup>th</sup> and thankfully two Green Days before Mercury goes retrograde!

HEADS-UP!

**Mars moves from Scorpio into Sagittarius with Saturn March 7/8, 2018**

This is significant because this begins some of the 'intense zones' of the year while at the same time, the planets of light, Jupiter and Venus are giving us all strength.

And **Jupiter begins retrograding on March 9, 2018.**

### **POSITIVE AFFIRMATION FOR THE NEXT WEEK:**

**Friday Mar 9** Jupiter begins retrograding in Libra. Clear answers might take a little longer to find while Jupiter is retrograding.

**Sat, Sun & Mon Mar 10, 11 & 12 are Saturn-Moon Days, or “Purple Days” and these have a little Red tinge to them too.**

The Moon is with Saturn on this day, or opposite it. The day is slower and possibly has obstacles but the delays will improve what you are creating on these days. Let go, be patient. Keep long term goals in mind.

**These three days the Moon is with Saturn and Mars, and those two planets tend to rub each other the wrong way. So expect a bristly three days. Lots of deep breaths!**

For all of March - if Mars and Saturn can find a way to work together (and if you can find some anger and irritating reducing in your life), then some long-term solutions to violence and energy-systems and engineering can be found during March.

**Tues & Wed Mar 13 and 14 are Yellow Days**

Plan on continuing to work around issues, and make sure you eat regular meals – breakfast on Yellow Days is even more important than usual!

The Moon is in Capricorn with the unstable eclipses, and oddly enough, a regular Yellow Day will be welcome after those three intense Purple days. (Moon in Uttar Ashada and Shravana)

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Third Week of March: Mar 15 – Mar 21

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I am repeating your heads-up from the previous week here!

Get ready because you want to have systems backed-up before Mercury Retrograde.

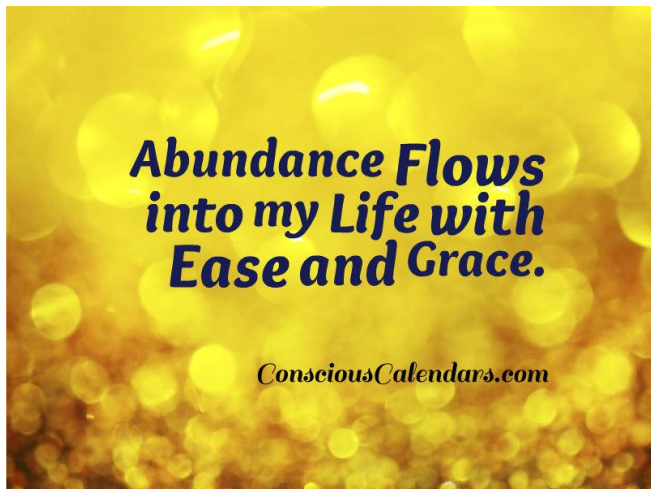
Get ready because starting this week - on Thursday Mar 15, you finally have a few 'regular days', the Red Day on the 17<sup>th</sup> and thankfully two Green Days **before Mercury goes retrograde!**

**Saturday Mar 17 is the Red Day.**

 **NEW MOON IN PISCES SATURDAY MAR 17 – IT IS AN ABUNDANT NEW MOON!**

1:11 PM GMT / 6:11 AM PST

This New Moon in Pisces is swimmingly beautiful and elegant ~ the Moon floats through Pisces with both Venus (at its most powerful all year) and Mercury in this creative and spiritually evolved sign.



### **POSITIVE AFFIRMATION FOR THE NEXT TWO WEEKS AS THE MOON WAXES TO FULL:**

“Abundance flows into my life with ease and grace.”

“The New Moon is like a blank check, waiting for me to write what the Universe is bringing into my life.”

This **moon has some special abundance** to it because of Venus and Mer-

cury together in the house of Jupiter – and Venus and Jupiter are exchanged. That is a trifecta!

### **A FUN ABUNDANCE & PROSPERITY NEW MOON RITUAL:**

1. Literally take a check, or a piece of paper and write on it today's date (whenever you do this).
2. Then, write the check TO you, and on the payment line write WHAT you are currently in the process of receiving (It could be three more high paying clients, it could be your long-term love, the position of that perfect job). Remember, to think **present tense**, in the process of receiving, not in the future! That is a **special prosperity practice nugget**.
3. and then sign it ~ **The Universe** ~

Another key to this, is putting it on an altar or a spot on the NORTH side of a room or house and remembering it each day, to tap your sub-conscious mind to remember to see the opportunities and act upon them. Did you know that you really can develop luck?

There are practices which are mostly about queing the mind to see opportunities, and acting on them, and having perseverance (luck takes action folks).

**Wednesday & Thursday Mar 19 & 20 are Mild Green Days**



**Wednesday Mar 19** The Moon is giving you flow and abundance today. Look to receive insights and use today to transition and transform some major belief systems in your life. You might have had some 'thinking patterns' which were not lifting you up and probably were not true. Stand in your beauty.

**Wednesday Mar 20** is Spring or March Equinox (March 21 or fall equinox in the s. hemisphere). Happy Equinox!

The Moon has now moved opposite Jupiter is full of ACTION. This is an important day to start something new! Begin a new habit, launch or announce something important to you, reach out to a way-shower or mentor or that person you are nervous to contact, open new accounts, or receive a healing session. These are all indicated on this kind of Green Day! (Ashwini Moon)

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#### Fourth Week of March: Mar 22 – Mar 28

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Create Healthy Habits and Relationships with the technology in your life ~ all year long, not just the spring retrograde.

**Look at ALL the retrogrades to be times to improve communications, decision making processes, impulsiveness and helping your nervous system** to heal with more time in nature, meditation, easy yoga or qi gong.

**Mercury Retrogrades in Pisces – it's weakest place in the year and in the sky. Mercury retrogrades Mar 23 – April 15, 2018.**

What does this mean? Well, when the planet of communication, speech, intelligence and commerce is weak, you can expect to need to watch each of these areas in your life more, since we all will not be functioning as well in communication and clarity, we might not say what we mean as clearly, we might miss details easily and this could have repercussions financially when the planet of money deals and the nervous system is weak.



On top of that, the planet is retrograding. This is an opportunity to shore up your defenses with all your technology, backing data up, buying a new device if the current one is dying (before the retrograde) and reversing habits related to technology.

\*Make Sure to get your Mercury Balance Plan, the Mercury Retrograde Report, and now the separate document of the Mercury Retrogrades of 2018 all on one page in the [Mercury Learning Center](#).

That is just three more bonuses that come with your subscription to Conscious Calendars.

## **BREAK UP WITH YOUR PHONE**

TECHNOLOGY HEALTH TIP:

CONSIDER BREAKING UP WITH YOUR PHONE OR REDUCE YOUR "SCREEN-TIME".

Use Mercury retrograde to change your relationship with technology, or how you shop online. You might save money instead of buying with just one-click.

Science shows screen time really does change your brain, and your attention span gets shorter the more you train it to function in short spurts.

Consider a 30-day change in habit with your phone and tech devices. You can learn more about how to do this in the book:

[How To Break Up With Your Phone](#) (the irony of this being an Amazon link is not lost on me).

Listen to the NPR radio show interviewing the author, Catherine Price, a new mother who realized she wanted to build a deep relationship with her daughter and it had to start with changing her phone habits.

<http://www.wbur.org/hereandnow/2018/03/01/break-up-with-phone-catherine-price>

I take regular technology breaks, often on weekends and I try to take technology breaks on Yellow Days and definitely Red Days when I can.

Why add to the frustration, when most of the time strange things happen online and with technology on Yellow Days anyway!

### **Saturday & Sunday Mar 24 & 25 are intense "Purple Days"**

These two days, the moon is in Gemini and receiving both impulses to wait, or slow things down for perfection and also a surging 'move now' impatience that Mars now brings to the mix.

Lots of deep breathes will be needed and possibly hanging upside down on these two days (hanging your head off the bed or couch is an antidote to anger, and helps relaxation)!

So, if you feel like you are being blocked in while being asked to perform or are under pressure, well, you are feeling exactly what the energy of the day is. It is not personal.

Make sure you get exercise and meditation or find some way to blow off steam, possibly by being silly or dancing in your kitchen. Fast twists with the body while standing is great way to dissipate irritation and heat (if your body is used to this and you don't have major back problems).

### **Monday & Tuesday Mar 26 & 27 are Yellow Days**

These are classic Yellow Days that have that emotional tone to them, but might be easier to take than the last two Purple Days.

Eat regularly, and stay away from drama. Just try not to egg anything on today, and if there seems to be a mis-understanding brewing, find a graceful way to end the conversation and find resolve in another way.

Exiting possible dramatic situations is a good way to avoid tension on Yellow Days.

Be extra kind on these days, and build compassion.

### **\*Tuesday Mar 27**

**Venus moves from Pisces into Aries and now dances opposite Jupiter** for a whole different kind of expansive energy. This is creative forces being given the fire of form and the extra energy to help make things real, by getting organized and moving things along at quite clip.

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[Fifth Week of March: Mar 29 – Mar 31](#)

Mercury Retrogrades in Pisces – it's weakest place in the year and in the sky. Mercury continues its retrograde through April 15, 2018.

**Phew! You have some regular days to finish off March.**

**The Full Moon happens to be a Blue Moon on March 31.**

**FULL MOON MARCH 31 ~ BLUE MOON**

1:36 pm UTC & GMT / 5:36 am PT

**Virgo Full Moon** in auspicious place, it is just not a Green Day because Mercury is not strong enough to bring Green Day support. (The Moon is opposite retrograding Mercury and Sun).

This full moon reminds you that the best things in life are free and often made with your own-two-loving hands.

Take a look at the products and food you buy, and see if there is ONE thing that you could make yourself this month.

I will share a DIY lip treatment that is easy to make and keeps your lips healthy and supple in either dry, cold or dry, hot environments.

Being thrifty with your healing regimens and making your own tea combinations, or planting some culinary herbs is a great way to be aligned with the healing EARTH FULL MOON!

**~ APRIL 2018 LOOK AHEAD ~**

**INTENSE ZONE OF THE YEAR: Continued**

## MARCH 30 – APRIL 8



### **Mars and Saturn cross and Mercury is retrograde.**

Golden Days also during intense time. At the same time, one of the most important themes of April is related to Venus and Jupiter helping create some incredible Green Days! (This theme will come again in fall 2018 and is part of the Golden Months of

2018).

Mar 27 – April 19 Venus will be in Aries in a sign of action, opposite Jupiter. The Green Days when the Moon is connected with both Venus and Jupiter will bring even more expansion to the fruits of actions taken on these Green Days. So use them!

All of April continues to have Mars in Sagittarius with Saturn, which will heat up intensity and lead to possible accidents for some people. Make extra safe decisions this year – maybe wait on sky diving, or bungee jumping over crocodiles this year. Make some fun, safe choices during April.

All in all, once Mercury stops retrograding, there are some incredible Green Days at the end of April 2018.