

May 2018 Conscious Calendars Vedic Astro Forecast PDF (bonus for paid subscribers)

| MAY 2018 | | | | | | |
|----------|-----|---------------|---------|-----|-----|----------|
| SUN | MON | TUE | WED | THU | FRI | SAT |
| | | 1 | 2 II | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 ● | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 II |
| 27 IV | 28 | 29 ● II | 30 | 31 | | |

HIGHLIGHTS of May 2018

- ****Another Golden Zone of 2018****
- **12 GREEN DAYS!** - MAY 1, 2, 3, 9, 10, 14, 17, and 26 through 30

- **MARS moves into Capricorn on MAY 2** *See description for May 2 below
- **YELLOW DAYS - MAY 7, 8, 20, and 21**
- **VENUS moves into Gemini on MAY 14**
- **SUN appears to move into Taurus on MAY 15 just before the New Moon (be extra careful with your health on this day.)**
- **1 RED DAY ON MAY 15**
- **NEW MOON in TAURUS on MAY 15**
- **FULL MOON in SCORPIO on MAY 29**
- **No Purple Days in May?** Well, sort of.
The **Moon** will be with **Saturn on May 4 & 5**, but there are special energies which will have those two days not be so Purple, or so blocked.
And...by the time the Moon makes its way opposite Saturn – in direct glance of it on **May 18 & 19** – we have special circumstances that PROTECT from the effects of Saturn. The Moon will be connected with BOTH Venus and Jupiter on those days, and if Saturn were not doing its thing, those would be Green Days.
- **Woo hoo! There are 5 Green Days in a row at the beginning of May** (including the two from April), **and five Green Days in a row at the end of May.**
- I have not seen that many Green Days in a string in a very long time. This is because **Venus now brings stability and productivity** from **Taurus** through the middle of the month, instead of passion to add those extra Green Days at the beginning of the month when the bright moon joins it.
* Then from May 14 – July 3, Venus will be affected by Saturn first and get fun will get really serious for a month, and then Venus will be with the eclipses and get a little more dramatic. I will remind you all about this, so you can keep a steady head and not get thrown off course.

- Remember, April had Mercury retrograde and Mars crossed Saturn – the Green Day energy protected many during that intense first week. With the momentum of a bright moon at the beginning of May, and the productive light at the end, this is our first full month where there is a true balance of play, productivity, connection, and delight.

Drink it in and have fun! Life is to enjoy.

- On **May 2, Mars** moves out of the fire sign of Sagittarius where it has been fighting with Saturn and **moves into its power place** (but it's with the eclipse pattern.) So, the U. S. stock market won't quite make a full rebound, but there will be improvements in fits and spurts. (The constellation of Capricorn is the house of income or GDP and is connected with the stock market in the chart of the U.S.)

Needless to say, May has some significant shifts that try and stabilize markets and commerce. June, July and August will have their own instabilities, causing many to question what they are doing – don't believe your doubts, but you might want some reserves set aside for the June – mid of August.

We have the **three Mega Red Days July & August** remember! Mark those days down now, please.

And please quote me, Kathleen Whalen and Conscious Calendars, if you are sharing anything from here.

***MAJOR HEALTH TIP FOR THE SEASON:**

Heed the Red Day this month! There are many indications on May 15 that will expose our personal weaknesses – to our body, mind and spirit. So, plan ahead to not be too active on this day, and it will stave off issues that would emerge in two months.

In the Eastern traditions of Ayurveda and Chinese medicine – what we do at times of transition (for instance, a 10 – 20 degree weather change in one day or a seasonal node are major transitions for our bodies) actually show themselves in two months or in the next season.

In this case, the fact that there are **SO many changes on May 14 and**

May 15, will have all of our systems challenged. Plan well, for if you push too much, or exceed your natural boundaries on those two days, then your systems may not have the back-up or the reserves you will need in July and August – which are set to be stressful times. If you weaken your system on May 14 & 15, you may appear to recover and might have only caught a small cold in **July or August**, but with the larger stressors of the **Mega Red Days, the Mercury Retrograde and the other 'Intense Zone'** indicators all overlapping at once, this might show up as a more serious illness which will take even longer to recover from in July and August.

This is the power of using both of these ancient healing systems, Vedic Astrology & Ayurveda and Chinese medicine together, and part of the major extras you get with my counsel.



**May Brings Flowers and Blossoming
(and planting some important seeds
too).**

Detailed Description of May 2018:

First Week of May: May 1 – May 7

The Calendar makes it EASY to see the cosmic rhythms of the planets!

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

~ "I allow and connect with flow each day and every hour."

~ "If there is a block or pause some place in my life, I let that rest, gather energy in the sun or from nature and notice where there IS flow in my life."

~ "Make hay when the sun shines."

May 1, 2 and 3

The moon moves into Scorpio, opposite Venus and now helps bring concrete things into existence. That Earth based Taurus-Venus helps make things real.

What a great way to begin the month.

Tuesday May 1 is a Mild Green Day

The first day the Moon is opposite Venus in this productive and wealth producing combination! This is actually three of five Green Days in a row, and the first of the next THREE Green Days connected with Venus (instead of Jupiter). See how these Green Days feel for you – they are more related to creative solutions for your home, body and mental happiness. Allow steady love to flow into and through your life.

Wednesday May 2 is a Type II Green Day and MARS moves into Capricorn

This day is particularly well suited for learning, performing or enjoying music, the arts, dance and drama. And today's moon is devotional, filled with the highest form of love = Prem, which is beyond physical love and is spiritual love. It is the kind of day where it is easier to access states of bliss when doing devotional acts or immersed in the arts.

Type II Green Days are soft and mild in nature (See your advanced training only for paid subscribers on the four different types of Green Days.) There is also a short explanation in your KEY that comes with each calendar bundle.

***MARS MOVES INTO CAPRICORN**

Phew! Mars usually gets us all fired up when it passes through Sagittarius – but this time around it was helping rile up threats of war and small acts of war in the world.

It is no wonder that N. Korea is ‘talking’ about disarming, now that the planet of War is not so troubled.

NOW with Mars in Capricorn we have two different new energies.

We all will find it a little easier to meet our physical goals now that Mars is in its ‘favorite sign’.

Those who are trainers, health coaches, fitness experts, and those in warrior and protection professions (that includes justice and social work) will be supported in their work. So get fit and sweat in many ways for a long haul.

At the same time, Mars will now be in this constellation through November 5, 2018! Mars usually spends a few months in a constellation, but this year it retrogrades in Capricorn. The intense news is that it also crosses the eclipse patterns during its retrograde, all right AT the time of an eclipse in the last week of July 2018. This is some intensity – thus my naming the Intense Zones of the Year! More on how to work with this energy in June. For right now, use May to get activated, and heal your physical body. All forms of exercise where you sweat and practice something and improve your coordination and focus are well supported in May (except DO NOT over do things on May 14 and 15, big warning).

Thursday May 3 is a Mild Green Day

This is a mild Green Day because the lunar mansion is not considered fertile, but it IS WISE. This is a Wise-Woman Moon Day. This day is not about looking for short term feel goods, instead it is focused on where you find meaning in life. Where can you nurture something, which gives back to

your soul and beyond yourself? Let your actions and love flow and live beyond you.

Not Purple Days this month:

The **Moon** will be with **Saturn on May 4 & 5**, but there are special energies which will have those two days not be so Purple, or so blocked.

NEW PATTERN TO YELLOW DAYS NOW

MAY 7 & 8 Yellow Days (Moon Ketu Days)

These are now a different flavor of Yellow Day through November 5th. The eclipses are going to have 'opinions and ego' increasing on the Yellow Days now – because Mars has joined the eclipse patterns!

On the one hand, you will be more motivated and activated, on the other hand, if you do not eat regularly, then you might go more quickly to irritation and anger.

The antidote? Physical exercise AND meditation.

They are equally important.

Meditation is like water on the fire of anger. If you are getting angry easily, then it means you likely need to meditate more (and get some physical outlet) and might need to adjust your diet a bit too.

Monday May 7 is a Yellow Day

Today, the Moon enters Capricorn with both Mars and the eclipse patterns. Two days of finding NEW ways to ground yourself. If you get just 5 minutes of exercise, breath of fire, or stretching first thing in the morning, this will increase your metabolism.

The Moon is in a place of flow, despite it being a Yellow Day. See if you can LISTEN to the sounds around you, or listen to a book, or listen to the sounds within yourself in a new way. You are the door to the Universe after all.

Try plugging your ears and taking some deep breaths and see what happens in your meditation – do NOT listen to music today during meditation.

Listen to what lies within.



Second Week of May: May 8 – May 14

Three mild Green Days and a waning Moon set a gentle mood for the next week. Keep an eye on your health on May 14 & 15, as I have mentioned below and at the beginning of the PDF.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

The waning moon before solstice provides us all a window for contemplation. Cleanse and Let Go.

“Letting go is easy. It clears the way for love, healing, vitality, prosperity and what is next in my life. No need to know what is next. Just letting go right now.”

Tuesday May 8 is a Yellow Day

Today, the Moon connects with more of a drumbeat. How can you change things up and see what happens? If you are diverted in your day, don't wander off too far, but see where the winds take you for a short while. It could be an adventure you return to on a Green Day!

Wednesday May 9 is a Mild Green Day

The Moon is connected with healing energies today – and the wisdom of the 7th Chakra.

This lunar mansion (Shatabhishak) and the 10th day waning in lunar light, has the support of some wise decisions. (Jupiter graces today and tomorrow)

Thursday May 10 is a Mild Green Day

It's a combination of a healing day with a twist of abandon.

You might be inspired to help some random person, just be wise in how you do it. How can you be the most helpful and pass on some of the Green Day energy today?

Some Green Days we are the recipients, and some Green Days we are passing on our knowledge, connections, introductions, or blessings to others.

Spread some seeds of kindness today. The Moon is in an air sign, and we begin preparing for the New Moon after this Green Day.

Sunday May 13 is Mother's Day in the U.S. (friendly reminder)

Three major shifts in Mid-May

The Sun moves into Taurus on May 15, the New Moon occurs in Taurus, Venus moves into Gemini

Monday May 14 is a Mild Green Day and VENUS moves into Gemini on MAY 14

Use this day to literally prepare soil or metaphorically prepare the soil of your mind and body for new ideas, taking extra good care of yourself and enjoying the simple things in life. This day is a perfect way to help us prepare to take it easy on May 15 – an important day to not over do it.

This is a mild Green Day because the Moon is with Mercury in Aries, and is blessed by Jupiter in an auspicious lunar mansion! (Ashwini Moon). If the Moon had any more light to it, it would be a FULL Green Day because the Moon actually is connected with ALL three benefic (or good giving) planets!

(The Moon today is in auspicious Ashwini. The moon is in Aries with Mercury, Sun, and opposite Jupiter.)

NOTE: *Venus in Gemini beginning May 14 – opposite Saturn

May 14 – July 3, Venus will be affected by Saturn first and fun, love and creativity will get very serious for a month, and then Venus (and our emotions and relationships) will be with the eclipses and might get a little more dramatic – we have time to prepare you. I will remind you all about this, so you can keep a steady head and not get thrown off course.

Third Week of May: May 15 – May 21

Week overview statement.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

“My thoughts, and what I eat are building blocks to what I am creating. One single thought, one single bite at a time. Now is all there is.”

“I can make a new commitment in this moment. Just for this moment, I choose healthy, vibrant food, I take easy sips of water, I let go of anything which is clinging, just for this moment, just for this moment.”

Being gentle and easy is the focus for the next 10 days. Any time you have a judgement, just stop and focus just on the moment, creating things anew.

● **NEW MOON IN TAURUS TUESDAY MAY 15** (IN UTC TIME) DOWNLOAD A CORRECTED CALENDAR!

SUN appears to move into Taurus on MAY 15

And May 15 is also a Red Day – see note below

The New Moon in Taurus occurs:

May 15 at 11:48 am UTC / 12:48 pm BST / 9:49 pm AEST and

May 15 at 7:49 am EDT / 4:48 am PDT (in the Americas and Canada)

Theme of this Moon: Gentle, gentle, gentle – like a fuzzy kitten or puppy, or any newborn treat your body, mind, & spirit with care.

This New Moon in Taurus is about gently, gently caring for your body, house, family, dreams, gardens for the month. You see this New Moon is in a fixed Earth sign with the Sun JUST barely in Taurus (00:29 UTC time), called Sandhi in Vedic Astrology, which means things are tentative and not fully established yet. In Vedic Astrology, the Sun relates to our vitality, our digestive fire (the ability to break-down and digest food, life, information and turn it into the next stage), and the positive forces of the ego-self (littles).

All of these indications tell us to care for the things that 'house' us – the things that bring us shelter and protection – like our body, home and family.

What you do around this New Moon can have effects on your health for months, so **heed this Red Day** with the New Moon and please move gingerly and try not to over-do anything. It really will make a difference in how you handle the natural stresses in July and August.

ADDITION from the video. This is to clarify, that if you take good care of your health from May 14 – 15, then you will likely be that much less stressed when the Mega Red Days arrive at the end of July.

I am trying to point out that a resilient body can go through changes just fine, but if you do not protect your health in Mid-May, then your immune system and nervous system ability to handle stress will be reduced during the end of July time. You will have protection because you will also learn protective mantras and will know to increase your meditation and other things you can do to help reduce stress during the Mega Red Days.

This is the type of information I share with my inner circle ~ those who get to connect live with me each month.

Thursday May 17 is a Mild Green Day (for everyone)

Not Purple Days this month:

The Moon makes its way opposite Saturn – in direct glance of it on **May 18 & 19**. Since we have special circumstances, the Moon is protected or at

least the effects of Saturn are reduced. The Moon is connected with BOTH Venus and Jupiter on those days, and if Saturn were not doing its thing, those would be Green Days.

So, they are not completely neutral days either – both good and obstacles may appear on these days. All blessings in disguise.

Sunday May 20 is a Yellow Day (Moon Rahu Days)

The Moon is in its own sign now, in the constellation of Cancer. You might be more prone to feeling emotional, or thrown off course. These two days more than ever, you might find that mindful-movement, like gardening, weeding, some activity where you move, but gently will help you calm the energies of these two days.

The Moon is now opposite Mars too – so they might be a little more activating – and you might bite off more than you can chew.

Pace yourself and you can get ONE major thing completed over these two day. Bravo for you!

Sunday May 20 is the more spiritual of the two days. If there are any misunderstandings on these days, just walk away. (Pushya)

Monday May 21 is a Yellow Day

ALIGNED ACTION:

A wild and challenging day – you might be pulled out of your normal schedule or cross paths with innovation. See how you can be creatively inspired to break the mold today and feel some freedom. (Ashlesha)

Solstice is one month away!

June Solstice is on

Thursday June 21, 2018 at 10:07 UTC

Get ready for either the longest or the shortest day of the year in one month!

Fourth Week of May: May 22 – May 28

The entire week has building LIGHT. We are exactly one week from the Full Moon this month, and we are about to experience 5 more Green Days in a row! Fullness is growing – and some of you will have heard about Kathleen’s special Prosperity Experience by now!



If you want to learn about your **custom Prosperity Sounds**, that are unique to you, reach out to support@copnsciouscalendars.com and they will connect you.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

“I know where to put my energy and where to say YES in the moment.”

“I listen to my intuition easily, and I do not hesitate to pause as I make decisions. I keep my energy gathered and know that all comes to me as I need it. My world is blossoming all the time.”

May 22 & 23 the Moon is in Leo

May 24 & 25 the Moon is in Virgo

Saturday May 26 is a Type II Green Day

***NOTE FOR SOUTHERN HEMISPHERE: and May 26 is MILD GREEN DAY**

The Moon is connected with both Mercury and is in Libra with Jupiter (in Chitra) bringing prosperity, romance, friendship, enjoying pleasures and being revitalized and healed. (Last Day that the Moon connects with Mercury and Jupiter at the same time, until the next Golden Zone of the Year!).

The theme of fun, friendship and music or learning and artistry continue on this mild and soft Green Day.

What a great weekend to spend time with friends and learn something new.

Sunday May 27 is a Type IV Green Day (Correction on the image of calendar, it was noted correctly under the calendar)

and Mercury moves into Taurus ~ creating a special Yoga (union of energy) in the heavens with Venus.

The Moon is with Jupiter in Libra connected with the Goddess of Wisdom and the arts (Saraswati).

This is a moving energy day – so buying vehicles or anything that moves, or moving plants, furniture, or your body (like travel) is auspicious and supported today.

Landscaping or changing routines is also a supported activity today.

Major changes will bode well today.

Monday May 28 is a Mild Green Day

A regular kind of day if it were not for the special circumstances – this almost full moon brings light and ease and blessings to the every day things we do today. (Vishaka)

[Last Days of May: May 29 - 31](#)

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

“Everything I need comes to me at just the right time.”

 **FULL MOON in SCORPIO Tuesday May 29, 2018**

FULL MOON occurs **May 29** at 2:21 pm UTC / 3:21 pm BST / 10:21 am EDT / 7:21 am PDT & **Wednesday May 30** at 12:21 am AEST

Tuesday May 29 is a Type II Green Day

The Moon can be challenged in this place of sky when it is new ~ instead, THE THEME OF THIS Moon is to build your spiritual body and raise your vibration.

This Full Moon is a time of developing full consciousness.

What you do during these Green Days have special energy to feed your soul, your purpose and to expand what you are focusing upon.

This full moon is opposite Mercury, one of the good-giving planets which can help us to learn Divine information, deepen our spiritual path and build our Ojas (the energy that feeds enlightenment of the soul in ayurveda).

Mercury and Venus exchange energy in the sky now ~ so, it is like this Moon is actually being touched by two of the three planets that make a Green Day.

Devotion, simple living, and flow are all the theme of this Full auspicious Moon.

This soft and mild day is particularly well suited for learning, performing or enjoying music, the arts, dance and drama. Today's moon is devotional, where it is easier to access states of bliss when doing devotional acts or immersed in the arts. It is also a nice time to connect with close friends.

Have dinner with friends outside or go for a walk and enjoy yourself.

Wednesday May 30 is a Mild Green Day

This is a Wise-Woman Moon Day (also connected with crone energy – and elder wisdom). Let your actions and love flow and live beyond you.

Aligned action:

Is there an older woman in your life who you can give an extra kindness to? Or is there someone older than you in your life, who it would really help you to listen to their advice? (Whose voice is echoing in your head today? Who do you think of when I mention an older person in your life?)

Send them a note, a thank-you, a mental or physical hug, or just sit with them. You are blessed because they are in your life.



JUNE 2018 LOOK AHEAD

What to watch out for!

June's New Moon is once again in Taurus ~ the second one this year. This new moon is much more stable than the one in Mid-May thank goodness. As such, the Red Day in June is a regular Red Day, it's just the lowest LUNAR energy of the month.

Now, we have SOLSTICE in mid-June – which indicates either the biggest SOLAR energy of the year for those in the n. hemisphere, or the leanest SOLAR energy of the year for those of you in the s. hemisphere (and your winter). So, those in the s. hemisphere will really be feeling the lower energy and the nudge to go inward especially from June 12 – June

Jupiter and Saturn are retrograde the entire month of June. Mars goes retrograde on June 26. By the end of the month, there will be three retrograding planets going into July. The good news? Jupiter will be direct by the time Mercury begins its next retrograde.

ABOUT KATHLEEN WHALEN M.S.

Founder of Conscious Calendars

Kathleen M. Whalen M.S. is an author, trained acupuncturist, Vedic astrologer and artist who has created a way for her clients to exponentially expand their wealth, health, love and peace in their lives. Kathleen's degrees in biochemistry, acupuncture, oriental medicine and vedic astrology are combined to give you access to a combination of the most enlightened information of the last 7,000 years of ancient knowledge and current edges of scientific theories for optimal health, purpose and prosperity. She consults and guides teams of serial multi-millionaires on a weekly basis, and also lovingly helps those who are deeply on their spiritual path. Just a few of her world renowned teachers are Pieter Weltevrede and Thubten Chodren, Gayatri Devi Vasudev which uniquely qualifies her to illuminate your way to more joy and abundance.

Kathleen is creator of a custom Prosperity Sound System for individuals to actualize and expand their personal karmas for prosperity, purpose, meaning and joy. If you would like to know more, contact support@consciouscalendars.com and we will connect you with the program details.