

June 2018 Conscious Calendars Vedic Astro Forecast PDF (bonus for paid subscribers)

UNIVERSAL CONSCIOUS CALENDARS 2018

● **NEW MOON June 13** 7:44 PM UTC / 8:44 PM BST / 3:43 PM EDT / 12:43 PM PDT / 5:44 pm AEST

○ **FULL MOON JUNE 28** 4:54 AM UTC / 5:54 AM BST / 12:54 AM EDT / 3:54 PM AEST / **JUNE 27** 9:53 PM PDT

JUNE 2018						
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5 *	6	7	8	9
10 *	11	12	13 ●	14	15	16
17	18	19	20	21 ✨	22 II	23 IV
24	25	26	27	28 ○	29	30

New Moon in Taurus, Full Moon in Sagittarius (Vedic Sky Map) | * June 5 & 10 mild, mild Green Days
Jupiter and Saturn are retrograde all month, Mars goes retrograde on June 26



June Solstice – turns the year around. Middle of summer for N. hemisphere, middle of winter for s. hemisphere.

[Subscriber Login](#)

CONSCIOUS
CALENDARS

[Subscribe Now](#)

HIGHLIGHTS of June 2018

- **4 GREEN DAYS - JUNE 21, 22, 23, and 24**
- **Mild, mild Green Days - June 5 & 10 ***

- **YELLOW DAYS - JUNE 2, 3, 4, 16, 17, and 30**
Yellow Days will be a little more intense through the end of October now that Mars has moved to where it usually acts like a Warrior, but it ends up functioning like a drunken master when it is with Ketu in Capricorn.
- **1 RED DAY JUNE 13**
- **NEW MOON in Taurus June 13**
- **5 PURPLE DAYS - JUNE 14, 15, 27, 28, and 29**
- **FULL MOON in Sagittarius JUNE 28 (Vedic Skymap)**
- **JUNE SOLSTICE JUNE 21**
- **JUPITER AND SATURN ARE RETROGRADE ALL MONTH**
- **MARS GOES RETROGRADE JUNE 26**
- **Major Tip for the month ~** Use the momentum of the 4 Green Days June 21 – 24 to REALLY get ready for July. You want to be getting things in place this month, because the eclipses might shake the foundation a little. If things are battened down, there will be less clean up. Use all of June and the four Green Days to get things done and cross T's and dot I's. You will be thankful and at least psychologically ready when the three eclipses wave through our lives in July and August.
- **Venus moves into Cancer with the Eclipse Patterns June 9** bringing complications or drama with creative projects, or how we enjoy ourselves or relationships.
- **Mercury moves into its strong sign of communication June 10** thankfully helping all of us 'find the right words' for the month.
- Yellow Days will be a little more intense through the end of October now that Mars has moved into Capricorn. Usually when Mars comes to Capricorn it acts like a Warrior. In this case, because Mars is in Capricorn and the de-stabilizing forces of Ketu, it ends up functioning like a drunken master.

- *It is no surprise that the U.S. president has decided to impose radical tariffs with its closest allies of Canada and the EU. This will be hurtful to all the economies involved and adversely affect the GDP (Gross Domestic Profit) of the U.S., likely through the three eclipses and possibly as long as Mars is with Ketu through Nov 2, 2018.

Ketu has a diminishing and thinning effect (and crazy making effect) on what it influences. Ketu is the house of income and affects speculation, the U.S. stock market and education for the United States for most of the rest of this year (because of Ketu's influence on Mars). Expect instability and wild swings in the U.S. economy and stock market especially July through mid-August, with ripples lasting six months because of the eclipses and unique Mega Red Days this year.

***MAJOR HEALTH TIP FOR THE SEASON:**

It is very easy to over-do as we get these longer days in summer (and even more important to those in the s. hemisphere to gather your energy in the center of your winter.)

Naps in the sun are a great way to live aligned with the energy this June! (For those in the southern hemisphere, you might nap in a window in the sunlight or have your back to a fire or heat. This nourishes the kidneys – the organ to be nourished in winter.)

Detailed Description of June 2018:

First Week of June: June 1 – June 7

The Calendar makes it EASY to see!

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

"I drink in the light with each inhale. I release tension with every exhale."

Friday June 1

is a mixed energy day giving you both inspiration of creative ideas and the joys of life, and a request from the Universe to slow down, look and listen for self-nourishment.

Saturday June 2 is a Yellow Day

Welcome to a little more intense version of Yellow Days for a while – see the notes above on tumultuous Yellow Days.

The day starts rich and with smiles, then changes are afoot all day. It is important to manage your energy all day, especially by eating regularly, and taking breaks to re-center yourself.

The day could feel both stuck and a gift in that it might slow you down from the obstacles. What to do? Make tea and take a break when you bump into apparent obstacles.

Sunday June 3 is a Yellow Day

Another version of fixed energy while having circumstances changing around you. Be mindful of what you say, and you will experience less drama.

Keep repairs simple, and wait on big projects around the house, or else the project may stay undone for a long time.

Moon is in Capricorn in a fixed lunar mansion.

Monday June 4 is a Yellow Day

Gift of the Third Yellow Day:

Finally, some movement and possibly some music, or a chance to hear yourself think. Listen to your intuition, listen to the silence after meditation or time in nature today.

The center of your soul and the Universe is calling your name and whispering: "Let it go. Freedom is so sweet when you let go.

Drink it in. You already have the freedom you seek. You've already shed the suffering you long to not hold." (Quote and poem from Kathleen Whalen for the Shravana Moon day).

~

One of my favorite lines of poetry from Rilke:

"That which seems most far from you, is most your own."

Tuesday June 5 is a Mild, mild Green Day

Tentative gifts of protection and of new ideas can come today. The moon connects with the beat of time, music, chants or singing. See how you find a new beat and rhythm to your routines today. Jupiter is showering gifts upon you, in sweet small ways today.

June 6 – Today has healing elements to it and the energy of the day connects you with higher wisdom. Meditations can raise your vibration today and tap into your upper chakras easily. Make extra time for meditation today, there will be sweet streams of insight that come to you afterwards. If you are looking for a health care practitioner, then you might find a good one today.

June 7 – A rambunctious and possibly wild day that has a helpful spirit to it. Look for the innocence, allow yourself to act like the loving child that you are.

Second Week of June: June 8 – June 14

JUNE 8 – 14

Notice that the Moon is waning in light this week – this means the moon is moving toward becoming new – and it “moves backwards” across the sky each night toward the East. When the moon joins the Sun, the Moon becomes new and rises with the sun.

This will be the lowest energy all month – and for those of us in the northern hemisphere, the Red Day will be very mild. We might barely notice it, since the days are getting longer.

Take care of yourself on the June 12 & 13 where ever you live! Let the slow soak into your bones, this will help you get through July & August.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

***** SPECIAL MESSAGE TO THOSE IN THE S. HEMISPHERE:**

You will be experiencing the lowest energy of the year in the middle of June.

***Please be extra mindful and caring of your energy expenditure from June 12 – June 21. ***

This is because the New Moon on June 13, the lowest lunar light of the month and June 21 is the lowest solar light of the year. The two elements of light are at their lowest for you during those 10 days.

You might have more feelings of fatigue, wanting more sleep and a natural 'internal', quiet or self-nourishing pattern to your choices from food textures and ingredients to being more contemplative – this is the middle of your winter after all and the middle of the year! Be resonant, listen in, and at the same time don't close yourself off from social engagement.

Interacting socially is one of the best remedies for depression or fatigue, and dark chocolate, at least 72% cacao solids is great for the brain.

Saturday June 9 Venus moves into Cancer with the Eclipse Patterns bringing complications or drama with creative projects, or how we enjoy ourselves or relationships.

Sunday June 10 is a Mild, mild Green Day

A day of mild blessings. It is not enough energy to call it a Green Day, but this is an auspicious day to let kindness flow more than usual. Someone might need our help, and we are being asked to trust that we have the answers within us.

Count your blessings today, the gratitude will bless you more.

and on June 10

Mercury moves into its strong sign of communication of Gemini - thankfully this will help all of us 'find the right words' for the month.

With two planets shifting in two days, it might take until June 14 to make sense of how things have changed.

The waning moon and two planet changes are asking you to let your eyes adjust to the light – like at night – when we pause and then slowly the world emerges in new shades from the darkness.

SPECIAL TIME FOR GEMINI ASCENDANTS AND MOONS:

Gemini ascendants will feel stronger starting June 10, just be extra mindful of moving too quickly, since you might be feeling your oats now. Saturn opposite you, will still give you challenges. Think long term for actions you take for the rest of the month. Thinking long term repercussions of your choices is not always your strong suit, Gemini.

Wednesday June 13 is a Red Day. (The new moon rises with the sun on June 14.)

● **NEW MOON IN TAURUS WEDNESDAY JUNE 13**

New Moon on June 13 is at 7:44 PM UTC / 8:44 PM BST / 3:43 PM EDT / 12:43 PM PDT / 5:44 pm AEST

June new moon is a super moon, but you will not see it because new moons rise with the Sun.

This New Moon in Taurus connects us to the elements of building Earth element in our lives. This shows up as physical work on house, garden, body, health and getting projects done. We are drawn to and tempted into wanting the comforts and security of home, friends and food.

Living a simple life is reward by itself.

Keep your focus for the next week simple – this is a great time to re-establish your daily routines. The extra activity of summer (for n.hemisphere folks) can pull us off routine. Let the morning routine be the food for your soul and then let the sun and fun lead the way after that.

The New Moon is in the lunar mansion of Mrgashira.

Soma, the moon God presides in this lunar mansion giving divine bliss, enlightenment and fulfillment. Since this is the New Moon here, we are just planting the seeds to our own fulfillment. Try not to bite off more than you can chew – the eclipses in July will remind us and help us clear our plate to simplify our lives.

Theme for June 14 – 17

I'm only
going to
say what
I want
to put
into the
universe.

Thursday June 14 is a Purple Day

Purple days simply mean there is a slow quality to the day – possible obstacles which sloooow things down or are in your way. Take it as a sign to stop, or take your time finding a solution. It is different energy from a Yellow Day which can be scattering and changing throughout the day.

The energy of today gives the ability to receive rewards after great struggles ~ so keep on keeping on. Perseverance with a bit of luck

is the theme of the day.

This is a mild Purple Day because the Moon is with Mercury.

Third Week of June: June 15 – June 21

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

"Great monuments were built one brick and one step at a time. I steadfastly apply myself and my skill sets keep improving. Time is my friend."

The SUN appears to move into Gemini on June 15.

June 15 – July 15 the Sun is in Gemini in the Vedic system.

Friday June 15 is a Purple Day

Purple days simply mean there is a slow quality to the day.

The Moon is in Gemini (and with the Sun, Mercury and in the rays of Saturn.)

Today's energy is connected with both Jupiter and Mercury giving great ability to communicate in special ways (Ramana Maharishi had his natal moon here.) This is normally a prosperous day, but Saturn's energy which

makes it a Purple Day is turning the focus to see where you can help someone who has less than you, where can you be of service? Seva or being of service is one of the most abundant things we can do – giving of ourselves – it diminishes the ego and furthers us on our path.

Saturday June 16 is a Yellow Day

The Moon might make us all a little more emotional these two days, since the Rahu (drama) joins the planet of consciousness.

Great activities for cultivating calm might be 'floating' or a sensory deprivation tank, if you are comfortable with them.

I do not suggest trying it for the first time on these Yellow Days. But if you use the water element to help you find calm, this is resonant for the days.

Today has a lovely Moon day ~ made a bit distracted by the eclipses and Mars influencing it. See where you can use exercise to dissipate any irritation without over exerting yourself.

Yoga and stretching is a great way to direct the intensity that today might have.

Sunday June 17 is a Yellow Day

Transformation is the theme of today ~ how can one thing turn into another? By letting it unfurl.

We do not help a flower blossom by grabbing its petals. We allow it to take its time, and let the light lead the way.

Be careful not to react quickly or emotionally today.

You are a blossom that is opening to the light within ~ challenges might be keeping you from opening too quickly. All in good time. Your pace is just right.

June 18 & 19 The Moon is in Leo

June 20 & 21 The Moon wakes in Virgo.

FOUR GREEN DAYS IN A ROW ARRIVE AT THE END OF THE WEEK!

Thursday June 21 is SOLSTICE happens to also be a Mild Green Day.

The Moon is an auspicious place today and is close enough to Jupiter that it is a mild Green Day. Use the light of consciousness to reach out or move

something important forward, or just gather with friends and family and celebrate the CENTER of the YEAR!

The Moon is only one week away from full today (night light), and this is the longest day of the year (day light).

AstroProTip: The Moon is in Hasta today.

June Solstice in Universal Coordinated Time is on
Thursday, June 21, 2018 at 10:07 UTC

Local times for World Solstices



ALIGNED ACTION JUNE SOLSTICE:

Northern hemisphere: Step into the LIGHT, celebrate the longest day of the year, and gather with friends, family or make a fire in your backyard. Social time is at its peak in June and enjoying the relaxation and joy that comes with the long days is natural.

Expanded Days: Just watch staying up too late or getting over extended in June. It is not because of graduation and children getting out of school, that things feel a frenzy.

This is the most expansive time of year. So, **you want to UNDER commit to social invites, so that you can be more spontaneous and conscious of where you choose to show up.** Just make sure you do make

social connections and show those you love, that you care about them. Please say yes, to life.

Fourth Week of June: June 22 – June 28

Health Tip for the Week and Season:

Clear the heat! This is the Pitta or heating time of year according to Ayurveda.

Eat foods that are cooling like salads, cucumber, celery and stay hydrated with potassium rich foods or drink.

Coconut water & carrot juice are two drinks high in potassium (always compare potassium to sodium on packages, you want foods and drinks that have two to three times the amount of potassium than sodium. If the sodium is higher than potassium on the package, it probably is not so good for you.)

In general, **fresh** food is always best. If something is packaged, try and have it be as **whole** food as possible – say a box of Organic brown rice, or coconut water, if you are having packaged food.

For those in the **southern hemisphere**, you want to be nourishing with Kidney tonifying herbs which will help your immune system, longevity and thyroid and adrenal metabolism long term.

In Chinese medicine, dried shiitake mushrooms that are re-constituted, are a special way to foster health; add them to soups & vegetable stir-frys for resonant cooking for your winter.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

“I celebrate the joy in life, wherever it appears. Being happy with and for others expands positivity in my life.”

SKYWATCH: Moon near Jupiter June 22- 24 (That is why it's Green Days!)

Friday June 22 is a Type II Green Day with soft and pleasurable energy.

This a perfect day for a picnic in the park or gathering with friends. If there is live music or a performance of some kind, even better. This is one of those 'great date nights' that is for building friendship or romance whatever

is your focus.

The Moon is with Jupiter – look for it in the sky as it is waxing toward full!

Saturday June 23 is a Type IV Green Day

It is a day for moving or that is good to use the moving energy to make changes. Change where some plants are in your house, re-arrange some furniture for a fresh perspective, make changes to your routine. It is a perfect time to tweak things, or to move your home or office!

Changes come in all sizes. Change your idea about something and feel the shift.

AstroProTip: The Moon is in Swati and with Jupiter in Libra.

Sunday June 24 is a Mild Green Day

The last of four Green Days in a row, this mild Green Day is for putting the finishing touches on the changes you have been making around the house all weekend.

Did you re-arrange things yesterday? Today is to finish cleaning and getting ready for the week and put things in order, but with a spring in your step and sharing a smile with others while you do it.

AstroProTip: The Moon is in Vishaka and with Jupiter in Libra.

Tuesday June 26 MARS GOES RETROGRADE

Mars is in Capricorn, and with this retrograde will move towards the eclipse patterns now for its second of three crossings of Ketu (or one of the disruptive forces of the eclipses). It will take a while, but Mars will cross Ketu in Capricorn at the end of July.

Mars retrograding over Ketu CREATES ONE OF THE ZONES OF INTENSITY AT THE END OF JULY, of which I spoke in January to help you prepare for the year in the Golden Zones of 2018 class and video which you can still watch if you have not already.)

~ **Ah! Another combination of three Purple Days followed by two Yellow Days (June 27 – July 1)** and luckily two Green Days at the end to

help us recover (July 2 & 3)! See the end of the month into July below to help you plan to get through those five days.

Wednesday June 27 is a Purple Day

The Moon joins a retrograde Saturn and is in an intense place in the sky which is about uprooting all that does not serve us. Look at the obstacles of today as a strange gift, that is pointing to where hanging on to something is not serving your deeper spiritual path.

We are not body. Objects and things fade.

Notice your attachments, today might highlight them.

AstroProTip: The moon is in Sagittarius in Mula. Mercury has moved on, so it is just Saturn and Moon opposite a Gemini Sun.

Thursday June 28 is a FULL MOON and happens to be a Purple Day.

Well, the theme of uprooting some concept or viewpoint continues today ~ and since it is the Full Moon, the theme will reverberate for another week at least. This is one of those days, that unbeknownst to us, some scientist is scribbling a formula on a blackboard which will change or add to the laws of Physics and our understanding of black holes, time and the effects will ripple out from there; but it will not be without pushback and struggle for those hanging on to the 'old ways' of seeing things.

So, if you are building something NEW and different, are recombining things in new ways this is your secret message to keep going! The end may not be clear now, just stay steady, and persevere.

Let go of what is holding you back, and trust that what comes to you in a dream or daydream is aligned with even greater currents of information.

See how meditation is today, you might go deep once you get through any resistance.

FULL MOON IN SAGITTARIUS Thursday June 28, 2018

FULL MOON occurs **June 28** 4:54 AM UTC / 5:54 AM BST / 12:54 AM EDT / 3:54 PM AEST / **JUNE 27** 9:53 PM PDT

[Last Days of June: June 29 - 30](#)

See your July look ahead below.

POSITIVE AFFIRMATION FOR THE NEXT WEEK:

Friday June 29 is a Purple Day

Stay steady, the energy today has some wealth building energy to it. If you save your pennies today, you have more to invest – that is the resonant message of the day. Think long term. Delayed gratification is connected with success, and a healthy pre-frontal cortex. If you can say NO to that 'sweet' just for the next 10 minutes, or NO to buying that thing today, you are building the muscle of...discipline which ultimately gives you strength in the face of adversity.

I say, let's help Discipline be sexy. The results of discipline are often, ironically, a better figure & healthier brain.

We are just mindful of negativity. Just let any chatter fall away, and just say NO for five minutes or ten minutes at time (then pat yourself on the back). That builds a healthy mind too!

AstroProTip: The Moon is still in Sagittarius in Purva Ashada.

Two Yellow Days June 30 and July 1 * We are beginning to experience what the flavor of the eclipse might be like with the Yellow Days now.

The Moon on these Yellow Days is caught up with some intensity – Mars, Ketu and opposite it, in Cancer constellation, Mercury, Rahu and Venus. That is 6 of the 9 elements at play each day in Vedic Astrology. Luckily, Venus will NOT be in the mix for the eclipses, phew.

Saturday June 30 is a Yellow Day

Today has the fun combination of both fixed energy and disruption. Take everything in stride today. Shift with the changing currents often or just chill and do not try and run any errands. It always takes 10 times longer to run errands on these more complicated Yellow Days.

Eat regular meals to stay steady and not get wafted by the winds or waves of change today, or to not get frustrated when things **appear** to be stuck or tech issues cause delays.

Sunday July 1 is a Yellow Day

As usual, get any routines finished in the morning because the waves of the day may wash you ashore far from where you started the day. You will be glad you built discipline by focusing on your routines, and self-care first thing in the morning.

Eat regular meals to stay steady and not get wafted by the winds or waves of change today. Today is a gentler day than June 30th but change is still the constant.

July 2 & 3 are mild Green Days, yeah! Use those days to recover from the previous five days, do not expect miracles on those two Green Days.

A SPECIAL NOTE ABOUT THE NATURE OF "DAYS" ON THE CALENDAR.

Remember, we reap what we sow. If things go wrong on a Green Day, it usually has to do with what **WE** did in the past, or energy we did not manage. Do not blame Green Days for your bad decisions, lol! I see this often, from issues with customs to what appears to be bad news but is really the end of something negative and draining on Green and mild Green Days.

Once I ask for a bit of background, it is usually revealed that there was a blessing on the Green Day, and for things falling apart, like getting turned away at borders, it is usually directly tied to individual choice, that the person is being asked to take responsibility for their actions.

If you are late or forget something or the day appears to fall apart, you still have the responsibility to manage your energy.

Knowing when the Yellow Days are is meant to help you decide in the moment whether to push forward, redirect your path or to let things go. It is meant to help you with your intuition. It is not meant to tell you how to act.

You decide how you act.

Or if your computer is running slow, or you cannot recall a password, and you have to re-ask for a password and then are delayed; this is because you did not store or find an efficient or safe way to store that password in

the past. Please, do not blame delays that are related to your actions on Green Days or the type of day. Luck can still bless you on Green Days, and you might have lucky recall on that old password on a Green Day. 😊

Self-responsibility is the foundation related to this path that we walk together. You are a member of this community because you are taking responsibility for your health, your choices and that you are choosing to live Consciously!

As Ram Dass has said, "We are all walking each other home", at the same time.

Love to you all!

JULY 2018 LOOK AHEAD

What to watch out for!

We have three sets of eclipses coming up!

There are only **TWO MEGA RED DAYS IN JULY, and two more in August.**

See the note at the top of your July Conscious Calendars, the corrected view.

The Mega Red Day sets are either: July 12 & 27 or July 13 & 28 depending on where you live.

Two sets of eclipses are in July and a third set is in August – with Mercury retrograde beginning at the end of July.

So, this is the zone of difficulty and intensity I talked about at the beginning of the year.

Look to your calendars and see that the Mega Red Days are the eclipse days of July and August 2018.

Kathleen M. Whalen M.S. is an author, acupuncturist, Vedic astrologer and artist who has created a way for her clients to exponentially expand their wealth, health, love and peace in their lives. Kathleen has degrees in biochemistry, acupuncture, Oriental medicine and Vedic astrology. She paints and sculpts sacred geometry with Indian numerology, yantra and applies vibrational practices such as mantra, flower essences and aromatherapy

to her sessions and teaches about these concepts to her students.

She has secret and world renown teachers which uniquely qualifies her to illuminate your way to more joy and prosperity.

Kathleen is the creator of the aligned living calendars www.ConsciousCalendars.com

If you would like a session with Kathleen then reach out to support or visit <https://consciouscalendars.com/conscious-coaching-sessions/> to purchase and then you are sent a booking link.



There are many forms of light in the darkness ~ find the balance of time in nature, time with yourself, and time with loving friends and family.
Life is a dance afterall!