

Conscious Calendars teaches you how to use the 4 Different Types of Green Days

Conscious Living by the Cycles of the Moon and More
Easier living through Vedic Astrology Calendars

Green Days are ALL connected with any of the factors that help the karmic fruits of your actions on those days grow or manifest. There are different energies even among Green Days – and when you learn how to use the different flavors of Green Days, you will align more readily with what is supported in the day and reduce friction, increase efficiency and feel collected, cool, calm and connected to the forces of the day.

This helps you understand the nuances of Green Days. There is a difference to what it takes to build a foundation to a house or benefit corporation (non-profit company) versus a ‘great night out with friends to enjoy music’. These different activities help you align your actions which will bring the greatest fruition on that day.

If you simply work on a project of any kind on these 4 types of Green Days, there will be positive results that ripple into the world at a future time.

Even small actions taken on Green Days will ripple positivity and eventual healing in ways we often do not understand.



Type I Green Day - Light and Swift

This type of Green Day is called **Light and Swift** because the actions taken on these days tend to be supported and moved along of their own accord. It like sailing on a day when the wind is ‘just right’.

Activities that are good on these kinds of days are:

- Begin a trip or journey
- Start a major project
- Sports activities
- Receiving or giving healing therapies, medicine or remedies on these days are particularly beneficial for health.
- Open a business, have a grand opening, launch a product, have a launch party or celebration on this day is good for the company.

- Major transactions in sales and trade and any mercantile operation moves quickly on these kinds of Green days.
- Taking on or repaying a loan or debt is very good on these kinds of Green days, the transaction will go smoothly and the debt is more likely to be repaid quickly.

As light and swift implies, this type of Green day is great for grand openings, and commerce, beginning new ventures, new projects and especially travel or projects you want to move along.

I personally often use these days for running errands as well. I find I get 3 – 7 tasks finished in a matter of hours that I have had on my “TO-DO” list and it is often enjoyable. Sometimes I am given random coupons or discounts when I run errands on these days too.

I also notice I am more open to gentle conversation when out and about, but do not get stuck or distracted from my tasks when in conversation like can happen on Yellow Days.

The other types of Green days have their own advantage, and this kind of green day has a special place in Vedic Astrology, and is most often chosen for business and commercial pursuits, and important events that begin new relationships and new projects.



Type 2 Green Day - Soft, Mild or tender

This type of Green Day is called Soft, Mild or Tender because it relates to romance, enjoyment of any kind including food, friends, music, learning and the arts. You can see these kinds of days are best connected with ‘the finer things in life’ and that includes feeding the mind with great

information.

Activities that are good on these kinds of days are:

- All kinds of learning; music, dance and drama, even learning about architecture and art are good on these days.
- Marriage ceremonies
- Dating or meeting new friends are good on these days. Acts of romance and gestures of love and care are well received on these days.
- Relaxing with friends

- Buying or wearing new clothes, and other pleasurable activities in life that replenish and give vitality.
- Activities that help you relax and are good for your health; for instance, getting a massage or foot reflexology for your health or going to the spa are good activities on these days. Anything that will help you relax, and finish the day by meeting friends or have a healthy lunch outside with a co-worker.

As you can see, these days are connected with enjoyment, and is thus often used for parties, social events, marriage ceremonies or just great date nights.

Relaxing with friends and enjoying the company of others is very much on this list too, so make sure to get the most out of this kind of Green Day by planning ahead to spend time with friends.



Type 3 Green Day - Fixed, Permanent or Foundational

These days are called Fixed, Permanent or Foundational because they are good for establishing or creating anything that you want to last or endure – that could be a house, a company, or a project; it could be to establish a garden, or build anything from a fence, to a skyscraper or to a non-profit foundation that has legacy and even marriage (in the right circumstances).

These foundational days may not have the movement and flow of the first two types of Green Days, but the steady, grounded stability that these days provide are an important piece to the development of any project, object or relationship we create.

Establishing projects or building on these days embeds longevity into the project. The responsibility of using these days asks that you have done your homework, since creating things on these days ensures that it will take more effort to undo or have lasting repercussions in the attempt to take it apart. Thus,

you can see if someone was getting married for a second (or more) time, they might want to use one of these days to help them make the marriage last.

These days feel different than the other 3 kinds of Green Days because the energy is fixed, so this day's activities are best focused on endeavors which are meant to last a long time or have duration.

Activities that are good on these kinds of days are:

- Pour the foundation of a house
- Establish a garden or make a major change to some land.
- Plant trees
- Break ground or begin building a home, temple or church
- Marriage
- New stone work, fences and other installations of large, heavy materials that are intended to stay for long periods of time.
- Establish a new company which has a planned legacy.

Actions taken on these days create heritage, longevity and objects, art and ideas, products or companies that can live beyond us.



Type 4 Green Day - Moveable or Ephemeral

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These kinds of Green Days are called Moveable or Ephemeral because the movement that occurs on these days brings a positive force for change. That can be change of any kind like moving a home or office, changing a work-out or health routine, rearranging within your home, office or website.

These are great days for travel and discovering a new perspective on life.

These days naturally have a 'shake em up' kind of energy to them, so to be aligned with the day's forces of good, change something in your life on these Green Days.

Activities that are good on these kinds of days are:

- Buying vehicles or other methods of transportation, like bicycles or mopeds.
- Major changes are supported of work and home, so moving an office or home, or making changes related to profession or residence.
- Major life changes of any kind
- New routines, turning over a new leaf, or changing daily habits switch more easily on this type of Green day.
- Minor changes to gardens and landscaping: testing out new places for small plants. Making adjustments to high turnover crops in farming and large Co-op farms (like lettuce and strawberries).
- Changing your commute or the route to regular activity.
- Purchasing or launching a ship for transportation, like a ferry.
- Travel or leaving on a long journey is supported with this kind of green day, one that is connected with a major change in life, like travel in retirement or to research where you might live next.

(That is me in the balloon by the way! Our fellow balloon mates shared this picture with us, as we each were rising in the currents that day.)

A whole different way to travel is by balloon of course – the metaphor of moving along and making changes or riding in a new form of transportation is the image to help you remember.

METAPHOR- BUILDING A HOUSE

in relation to the 4 Types of Green Days

Type I - Light and Swift Days for Brainstorming, Planning and Beginnings

If we use building a house as a metaphor, we can see the four kinds of Green Days illustrating four stages of making a house. When we use the Green Days to support our projects and what we are building, life literally has increased blossoms and greater harvests.

The four kinds of Green days best support these kinds of activities:

- Beginnings
- Celebrations and enjoyment
- Building Foundations
- Making Major Changes

You are going to see a house being dreamed and built through the four different kinds of Green days to illustrate how you can use them in your work, creative projects, and fueling change in your life.

BUILDING A HOUSE METAPHOR – Type I Green Days

Light and Swift energy for beginning any project or moving it along



Auspicious Beginnings

Signing the contract to buy the land, finalizing the designs or taking out the building loan for the house are all good to do on **Light and Swift or Type 1 Green Day**. This kind of day is good for beginnings and moves the project along with efficiency. This metaphor can be used for creating a company, product or anything you want to move or to grow quickly, including more deposits to a checking account.

BUILDING A HOUSE METAPHOR - Type II Green Days

Soft and Mild for celebrating and enjoying friends, music, creativity and the arts



Celebrating with those who are important to you

It is important to celebrate the small victories in life with family and friends. So at this stage of 'building the house', you might have a picnic on the land where the house will be built. At this stage, you might have purchased the land, started a loan or finalized the designs to the house but have not begun establishing the roots to what you are creating yet. Time with

family, friends and enjoying yourself are hallmarks of creating a happier life, which ultimately leads to success. This kind of day is important in the process of enjoying life, no matter what else is going on in life.

BUILDING A HOUSE METAPHOR - Type III Green Days



Fixed Energy for Laying the Foundation and making something that lasts

This is literally about laying the foundation to the home that will last lifetimes.

A house built on solid foundation will last through the test of time, weather and unforeseen challenges. This will not be the house that the big bad wolf can blow down. This house will be more like the castle that Andrew Carnegie built.

The metaphor translates to making anything; think re-bar which is the metal that goes inside the concrete to give it strength to support incredible weight, reinforced concrete and a well-built foundation to your company, idea, artistic creation, family, marriage or relationship, non-profit or investment fund.

This type of green day is used to establish things that will last and endure.

BUILDING A HOUSE METAPHOR – Type IV Green Days

Moving and Making Major changes



So, in this scenario, you have built the house and it is time to move into it!

These kinds of Green Days are chosen for making minor or major moves in your life. Plan on moving the major part of your home or office on these days or change up your routine; the moveable energy on these days helps you to swiftly make the necessary changes. Flexibility is more available to everyone on these days.

Now, after you get settled, it is time for a house warming party. And we are right back into the cycle of choosing Green days for your celebration! What kind of green day would you choose? Green Day Type 1 (Light and Swift) or Type 2 (Mild and soft for enjoyment) might be what you choose for your house warming party.

And remember, ANY Green day is going to ensure that all who arrive have a good time, or something good ensues from the event, even if it does not look like it at first.