

WHAT DO THE COLORS MEAN?

Green Days are Go Days:

- Commerce, marketing and sales
- Launches in general
- Sending newsletters and communications
- Teaching classes
- Hosting events
- Celebrations of any kind, either work-related or spending time with family and friends
- Romance and dating

Types of Green Days

There are four types of Green Days. They are designated by roman numerals I – IV. **Paid subscribers get extra training on how to use the nuances of these Green Days.** Here's the short version:

- I** Light and Swift Days – good for beginnings and new endeavors
- II** Soft and Tender Days – good for romance and weddings, for learning music, dance and the arts, for spending time with friends, creating social connections, enjoying beauty, designs and finer things.
- III** Fixed – good for establishing long term objects, foundations and things that will stay a long time or be permanent. This day has less flow, but can be used for building homes, communities and non-profits.
- IV** Moveable – good for moving of any kind; from simple furniture, home or office shifts, changes of any kind are supported, from changing routines, residences, commutes, to thought patterns.

Yellow Days are Slow Days

- Plan extra time for activities; you will be glad you did
- Complete behind-the-scene tasks on Slow Days
- Do desk work and catch-up work on these days, but do not expect high productivity
- Expect traffic or delays in your commute; most things will seem to take longer
- Miscommunications, misunderstandings, and simple mistakes can create extra work or cause delays
- Technology and communications can have technical difficulties. Plan on changing or charging electronic devices as part of the day's delays

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Red Days are No Days

- No major business activity recommended
- No launches
- No buying homes
- Do not sign contracts in general
- Do not over-do physical exercise or workouts or push yourself too hard
- These are good days for healing, repair, and quiet. Caring for your health, spiritual practices, and moving slower through your day are aligned actions

Purple Days

- Meditate and align with energy that appears to be blocking.
- Find solutions which work-around the blockage or difficulty.
- Be gentle with yourself and emotions. Purple Days can have us judge ourselves more harshly.
- Persevere and know that your work will be rewarded in the future.
- Plan extra time for commutes or projects will take longer than usual to complete.

Neutral Days

- Live life as usual
- No special confluences occur on these days, which is why they are not designated Red, Yellow or Green
- No distractions or extra attention need to be added to these days, it is nice to 'just have a day' to establish our regular routines.
- This is why the other days are so special, they call you to be aware in a different way.